



Drinks & SHAKES

Coffee & Juice

SIGNATURE DINER BLEND 3.19
FREE REFILLS. REGULAR • DECAF

MINUTE MAID® ORANGE JUICE 3.99

OTHER JUICES 3.99
SELECTION MAY VARY.

APPLE • TOMATO • RUBY RED GRAPEFRUIT

Smoothies

TROPICAL GREEN GF

Made with tropical fruit, fresh spinach, apples and nonfat vanilla yogurt. 5.79

STRAWBERRY BANANA GF

Made with strawberries, fresh bananas and nonfat vanilla yogurt. 5.79

MANGO GF

Made with mangoes and nonfat vanilla yogurt. 5.79

Milk

2% MILK 3.79

CHOCOLATE MILK 3.99

Milk Shakes

Made with premium ice cream and topped with whipped cream. Plus, a little extra in the tin. 5.99

STRAWBERRY GF

CAKE BATTER

CHOCOLATE GF

VANILLA GF

OREO®

Other Beverages

HOT CHOCOLATE 3.29

DASANI® BOTTLED WATER 2.75

ENDLESS REFILLS

FREE REFILLS. SELECTION MAY VARY.

SOFT DRINKS 3.49



SIGNATURE DINER BLEND COFFEE 3.19

HOT TEA / HERBAL TEA 3.19

PREMIUM LEMONADE 3.79

MANGO LEMONADE 3.99

STRAWBERRY LEMONADE 3.99

ICED TEA 3.79

LEMONADE ICED TEA 3.99



Strawberry Lemonade



Signature SLAMS

UPGRADE YOUR BUTTERMILK PANCAKES TO *Premium Pancakes*
See choices on next page. Additional charge applies.



SUBSTITUTE HEALTHIER ITEMS LIKE **EGG WHITES** OR **SUGAR-REDUCED SYRUP**



ALL-AMERICAN SLAM®
Three scrambled eggs with Cheddar cheese, bacon strips, sausage links, hash browns and choice of bread. 13.99



FRENCH TOAST SLAM®
Served with eggs*, bacon strips and sausage links. 12.99



BELGIAN WAFFLE SLAM®
Golden waffle served with eggs*, bacon strips and sausage links. 13.89



LUMBERJACK SLAM®
Buttermilk pancakes, grilled ham, bacon strips, sausage links, eggs*, hash browns and choice of bread. 15.29



FIT SLAM®
Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 11.99
♥️ 🍏 🍷
GF when you choose the Gluten Free English Muffin

Breakfast
POUTINE
Red-skinned potatoes, topped with squeaky cheese curds and covered with hollandaise sauce. 6.99

BUILD YOUR OWN *Grand Slam*™

- 2 Bacon Strips **GF**
- 2 Sausage Links **GF**
- 2 Turkey Bacon Strips **GF**
- 2 Eggs* **GF**
- 2 Egg Whites **GF**
- 2 Buttermilk Pancakes

- 2 Slices of Toast
- English Muffin
- Gluten Free English Muffin **GF**
- Hash Browns **GF**
- Oatmeal (6 am - 2 pm only.)

Pick **FOUR** items and make it your own. 11.99

- PREMIUM ITEMS** add 99¢ each
- Grilled Ham Slice **GF**
 - Seasonal Fruit **GF**
(Selection may vary.)
 - 2 Hearty 9-Grain Pancakes
 - Yogurt **GF**

Or order the **ORIGINAL GRAND SLAM®** and get two buttermilk pancakes, two eggs*, two bacon strips and two sausage links.

SLAM IT!
ADD ADDITIONAL ITEMS
TO YOUR **BUILD YOUR OWN GRAND SLAM®**
1.69 each (Limit two items)
Additional charge for premium items.

FIT FARE®: ♥️ Over 20g of protein 🍏 Under 15g of fat 🍷 Under 550 calories

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Premium PANCAKES



CHOCONANA PANCAKE BREAKFAST

Ghirardelli® chocolate chips cooked inside buttermilk pancakes.

Topped with bananas, more Ghirardelli® chocolate chips and whipped cream. Served with eggs*, hash browns, plus bacon strips or sausage links. 13.79

PANCAKES ONLY 8.29



DOUBLE BERRY BANANA PANCAKE BREAKFAST

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries, bananas and whipped cream. Served with eggs*, hash browns, plus bacon strips or sausage links. 13.79

PANCAKES ONLY 8.29

Berry selection based on seasonality.



CINNAMON ROLL PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon crumb topping and topped with whipped cream and cream cheese icing. Served with eggs*, hash browns, plus bacon strips or sausage links. 14.49

PANCAKES ONLY 8.59



SALTED CARAMEL & BANANA PANCAKE BREAKFAST

Buttermilk pancakes cooked with shortbread pieces and topped with vanilla cream, bananas, more shortbread pieces and salted caramel.

Served with eggs*, hash browns, plus bacon strips or sausage links. 14.59

PANCAKES ONLY 8.59

UPGRADE YOUR
HASH BROWNS TO
Seasonal Fruit ^{GF}
At no additional charge



HEARTY 9-GRAIN PANCAKE BREAKFAST

Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. Served with eggs*, seasonal fruit, plus bacon strips or sausage links. 12.69

ADD
TWO EXTRA
Bacon Strips ^{GF}
1.99



French CREPES

SERVED WITH TWO EGGS*, HASH BROWNS PLUS TWO BACON STRIPS OR TWO SAUSAGE LINKS.



BERRY VANILLA CREPE BREAKFAST

Folded with vanilla cream and topped with fresh seasonal berries, strawberry sauce and powdered sugar.

Berry selection based on seasonality.

ONE CREPE BREAKFAST 13.29

TWO CREPE BREAKFAST 15.59

CREPE À LA CARTE ONE 6.99 TWO 8.99



Savoury OMELETTES

SERVED WITH HASH BROWNS AND CHOICE OF BREAD.
GF when you choose the Gluten Free English Muffin



New! DENVER OMELETTE

Three-egg omelette with ham, fire-roasted bell peppers & onions and Canadian cheese. 14.69



PHILLY CHEESESTEAK OMELETTE

Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 15.39



ULTIMATE OMELETTE®

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and Cheddar cheese. 15.59



New! LOADED VEGGIE OMELETTE

shown with Seasonal Fruit upgrade

Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers & onions, tomatoes and Swiss cheese. 14.49

♥ | 🍋 | 🍷 when you choose egg whites, seasonal fruit upgrade and an English Muffin without margarine



ADD
Fresh Avocado ^{GF}
 TO ANY OMELETTE
 1.69



ADD
Sliced Jalapeños ^{GF}
 TO ANY OMELETTE
 99¢

BUILD YOUR OWN Omelette

Pick **FOUR** items and make it your own. 15.29 **EXTRA ITEMS** 99¢ each

VEGETABLES ^{GF}

- Caramelized Onions
- Fire-Roasted Bell Peppers & Onions
- Fresh Spinach

- Jalapeños
- Pico de Gallo
- Sautéed Mushrooms
- Tomatoes

CHEESES ^{GF}

- Canadian
- Cheddar
- Italian Cheese Blend
- Pepper Jack Queso
- Swiss

MEATS ^{GF}

- Bacon
- Chorizo Sausage
- Ham
- Sausage
- Turkey Bacon

Sides

4 Bacon Strips ^{GF}	3.99	English Muffin	2.99	Hash Browns ^{GF}	3.99
4 Turkey Bacon Strips ^{GF}	3.99	Gluten Free English Muffin ^{GF}	2.99	Cheddar Cheese Hash Browns ^{GF}	4.99
4 Sausage Links ^{GF}	3.99	Seasonal Fruit ^{GF} (Selection may vary.)	4.99	Everything Hash Browns	5.69
Grilled Ham Slice ^{GF}	4.99	Oatmeal (6 am - 2 pm only.)	4.99	(onions, Cheddar cheese & country gravy)	
Eggs* (each) ^{GF}	1.49	Yogurt ^{GF}	3.59		
2 Slices of Toast	2.99	Red-Skinned Potatoes ^{GF}	3.99		

FIT FARE®: ♥ Over 20g of protein 🍋 Under 15g of fat 🍷 Under 550 calories

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Sizzlin' SKILLETS

CAUTION: SKILLETS ARE HOT. HANDLE WITH CARE.



SANTA FE SIZZLIN' SKILLET ^{GF}

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* 13.99



FIT FARE[®] VEGGIE SIZZLIN' SKILLET ^{GF}

Seasoned red-skinned potatoes, fire-roasted bell peppers & onions, mushrooms and broccoli. Topped with egg whites scrambled with spinach and grape tomatoes. Served with a side of salsa. 13.49  | 



SUPREME SIZZLIN' SKILLET ^{GF}

Crumbled sausage, fresh spinach, fire-roasted bell peppers & onions, mushrooms, grape tomatoes and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* 14.29

ADD *Toast* TO ANY SKILLET 1.69

Signature BREAKFASTS



T-BONE STEAK* & EGGS*

A 13 oz. seasoned T-Bone steak*. Served with two eggs*, hash browns and choice of bread. 22.59

GF when you choose the Gluten Free English Muffin

COUNTRY-FRIED STEAK & EGGS*

A chopped beef steak smothered in rich country gravy. Served with two eggs*, hash browns and choice of bread. 14.99

Denny's Bennies

SERVED WITH SEASONED RED-SKINNED POTATOES OR HASH BROWNS.

FULL ORDER 13.79 **HALF ORDER** 9.89



Classic Benny

CLASSIC

Poached eggs* on an English muffin with shaved ham and Hollandaise sauce.

SOUTHWESTERN

Poached eggs* on an English muffin with chorizo and Hollandaise sauce, drizzled with five pepper sauce and topped with pico de gallo.

SALSA SENSATION

Poached eggs* on an English muffin with tomato and Hollandaise sauce, topped with Cheddar cheese and pico de gallo.

PRIME RIB

Poached eggs* on an English muffin with prime rib and Hollandaise sauce, topped with fire-roasted bell peppers & onions.



THE GRAND SLAMWICH[®]

Scrambled eggs, crumbled sausage, bacon, shaved ham and Canadian cheese on potato bread grilled with a maple spice spread. Served with hash browns. 13.99



MOONS OVER MY HAMMY[®]

Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled sourdough. Served with hash browns. 14.29

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Shareable STARTERS



CHICKEN WINGS

Lightly seasoned breaded chicken wings golden-fried and crispy. With your choice of dipping sauce. 13.29



MOZZARELLA CHEESE STICKS

Eight golden-fried cheese sticks with a side of tomato sauce. 9.99

PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. 13.29
MAKE IT A FULL MEAL WITH TWO SIDES & DINNER BREAD 15.29



BUILD YOUR OWN SAMPLER™

PICK FOUR 16.99 PICK THREE 13.99

Premium Chicken Tenders
Bacon Cheddar Tots
Onion Rings
Chips & Queso

Mozzarella Cheese Sticks
Wavy-Cut Fries
Seasoned Fries

Served with choice of dipping sauces.



ZESTY NACHOS GF

Tortilla chips freshly cooked and topped with Pepper Jack queso, Cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. 13.99
HALF ORDER 9.99



LOADED NACHO TOTS

House-made Bacon Cheddar Tots topped with Cheddar cheese, Pepper Jack queso, seasoned nacho meat, bacon, jalapeños and sour cream. 11.99
TEN BACON CHEDDAR TOTS 6.99

POUTINE

Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 6.99

ONION RINGS

Crispy-fried onion rings served with All-Canadian sauce. 6.99



CINNAMON SUGAR PANCAKE PUPPIES®

Delicious bite-sized round pancakes tossed in cinnamon sugar and served with cream cheese icing.

TEN 3.99 SIX 2.99

Soup OF THE Day

Kettle-cooked to be rich and hearty.

	BOWL 5.99	CUP 4.49
<p>Mon & Tues: GARDEN VEGETABLE CHICKEN NOODLE</p> <p>Wed & Thurs: LOADED BAKED POTATO CHICKEN NOODLE</p>	<p>Friday: CLAM CHOWDER CHICKEN NOODLE</p> <p>Sat & Sun: BROCCOLI CHEDDAR CHICKEN NOODLE</p>	

Available from 11 am to 10 pm.

FIT FARE®: ♥ Over 20g of protein ♥ Under 15g of fat ♥ Under 550 calories

Melts &

HANDHELOS

SERVED WITH WAVY-CUT FRIES.

Onion Rings

UPGRADE FOR
99¢

Routine

UPGRADE FOR
3.99



***New!* ALL-CANADIAN PATTY MELT**

A 100% beef patty with caramelized onions, Swiss & Canadian cheeses and All-Canadian sauce on grilled potato bread. 14.99



***New!* THE BIG DIPPER MELT**

Tender pot roast with melted Swiss cheese, caramelized onions and mayo on grilled Texas toast. Served with French onion au jus for dipping. 16.99



***New!* NASHVILLE HOT CHICKEN MELT** *shown with Onion Rings upgrade*

A golden-fried chicken breast tossed in Nashville Hot sauce with Swiss cheese, tomato, pickles and mayo on grilled Texas toast. 16.29



THE SUPER BIRD®

Turkey breast with Swiss cheese, bacon and tomato on grilled sourdough. 14.29



***New!* CHICK 'N HONEY SANDWICH**

A golden-fried chicken breast tossed in a honey buttermilk glaze with lettuce and pickles on a grilled split top bun. 15.69

Also available tossed in Buffalo or BBQ sauce



CALI CLUB SANDWICH *shown with Seasoned Fries upgrade*

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo, lettuce and tomato on toasted multigrain bread. 14.99

CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 13.99

Fresh SALADS



shown with prime rib add-on

COBB SALAD

Bacon, fresh avocado, grape tomatoes, Cheddar cheese, hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with choice of dressing. 11.79

CAESAR SALAD

Bacon crumbles and Italian cheeses on fresh Romaine lettuce tossed with Caesar dressing. 9.99

HOUSE SALAD

Cucumbers, grape tomatoes, Cheddar cheese and croutons atop a bed of iceberg mix. Served with choice of dressing. 8.99

Salad Add-Ons

- Premium Chicken Tenders 5.49
- Grilled Chicken **GF** 5.49
- Prime Rib **GF** 5.49
- Wild Salmon **GF** 7.49
- Fresh Avocado **GF** 1.69

100% Beef BURGERS

SERVED WITH WAVY-CUT FRIES.



DOUBLE CHEESEBURGER

Choice of Canadian, Swiss or Cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 17.29



CANADA'S DINER DOUBLE

Canadian cheese, caramelized onions and All-Canadian sauce on a brioche bun. 16.99
SINGLE ONLY 13.99

SLAM IT!
ADD AN ADDITIONAL BEEF PATTY^{GF}
TO ANY BURGER
3.75



BOURBON BACON BURGER

Cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 16.39



SLAMBURGER™

Hash browns, an egg*, bacon strips and Canadian cheese on a brioche bun. 14.79



BACON AVOCADO CHEESEBURGER

Bacon, fresh avocado, Cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 15.89

ADD
Sliced Jalapeños^{GF}
TO ANY BURGER
99¢

SUBSTITUTE A
BEYOND MEAT
PATTY^{GF} ON ANY BURGER BUILD
1.99 each patty

UPGRADE TO
Seasoned Fries
99¢

BUILD YOUR OWN *Burger*

PICK YOUR PROTEIN

100% Beef Patty **GF**
Grilled Seasoned Chicken Breast **GF**
New! Crispy Chicken Breast
Beyond Burger® Patty[†] **GF** 1.99 more

SAY CHEESE

Swiss **GF**
Cheddar **GF**
Canadian **GF**
EXTRA CHEESE 1.69 each

ADD YOUR TOPPINGS

Caramelized Onions **GF**
Sliced Jalapeños **GF**
Mayo **GF**
BBQ Sauce **GF**
Bourbon Sauce
All-Canadian Sauce **GF**

PREMIUM TOPPINGS 1.69 each

Fresh Avocado **GF**
2 Bacon Strips **GF**
Sautéed Mushrooms **GF**

Lettuce, tomato, red onions, pickles and a brioche bun included. 14.29

À La Carte Sides

Seasoned Fries	4.99	Bacon Cheddar Tots	4.59	Caesar Side Salad	5.99
Wavy-Cut Fries GF	3.99	Hash Browns GF	3.99	Garden Side Salad	5.99
Onion Rings	4.99	Seasonal Fruit GF (Selection may vary.)	4.99	Add side salad to any entrée	3.29

[†]Due to our cooking procedures, the Beyond Burger® patty may come in contact with animal-based products or ingredients and might not be 100% plant-based.

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Comforting DINNERS



New! CHICKEN ADDICTION BOWL

A grilled seasoned chicken breast atop whole grain rice and broccoli with grilled mushrooms and creamy Alfredo sauce. Served with dinner bread. 17.79



New! MAMA D'S POT ROAST BOWL

Slow-cooked pot roast atop red-skinned mashed potatoes with roasted carrots, celery and onions all covered in rich gravy. Served with dinner bread. 17.79



COUNTRY-FRIED STEAK

Two golden-fried chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 15.99



BROOKLYN SPAGHETTI & MEATBALLS

Seasoned meatballs atop a bed of pasta covered in tomato sauce. Served with shredded Italian cheeses and dinner bread. 16.59

Dinner SKILLETS

CAUTION: SKILLETS ARE HOT. HANDLE WITH CARE.

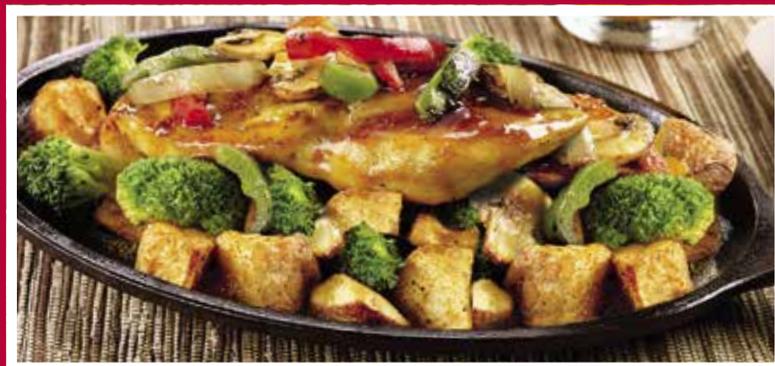
ADD *Toast* TO ANY SKILLET 1.69



CRAZY SPICY SIZZLIN' SKILLET ^{GF}

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red-skinned potatoes. Topped with grilled seasoned chicken breast, Cheddar cheese, a spicy five pepper sauce and Pepper Jack queso. 16.99

ADD TWO EGGS* ^{GF} 1.99



BOURBON CHICKEN SIZZLIN' SKILLET

A grilled seasoned chicken breast covered with a bourbon glaze atop seasoned red-skinned potatoes, broccoli, fire-roasted bell peppers & onions and mushrooms. 16.69

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Classic DINNERS



New! PLATE LICKIN' CHICKEN FRIED CHICKEN

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 17.29

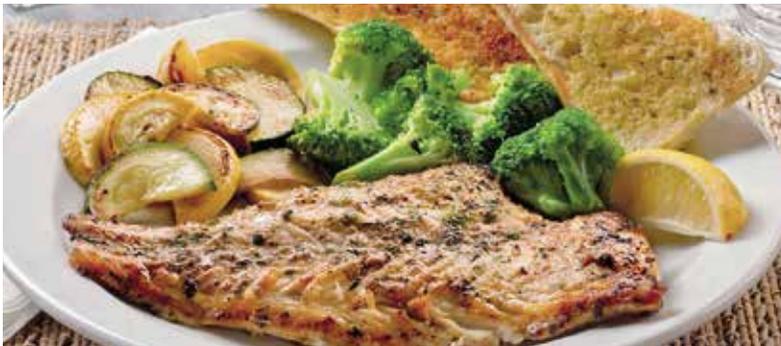
PREMIUM CHICKEN TENDERS DINNER

Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 15.29



ROAST TURKEY

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with two sides and dinner bread. 16.39



GRILLED HADDOCK

A grilled wild-caught haddock fillet seasoned with a blend of garlic & herbs. Served with two sides and dinner bread. 16.39

♥ | ♡ when you choose red-skinned mashed potatoes and broccoli and without dinner bread
GF when you choose two Gluten Free sides and the Gluten Free English muffin



SIRLOIN STEAK*

A Canadian AAA cut, 6 oz. seasoned sirloin steak*. Served with two sides and dinner bread. 19.99

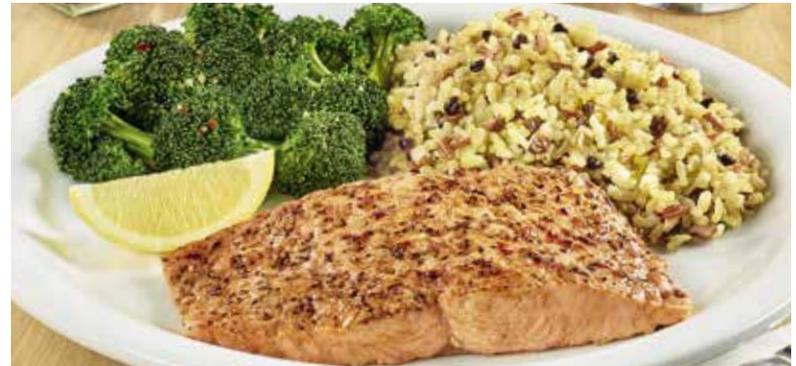
♥ | ♡ when you choose red-skinned mashed potatoes and zucchini & squash and without dinner bread
GF when you choose two Gluten Free sides and the Gluten Free English Muffin



T-BONE STEAK*

A 13 oz. seasoned T-Bone steak*. Served with two sides and dinner bread. 23.79

GF when you choose two Gluten Free sides and the Gluten Free English Muffin



WILD SALMON

A grilled wild-caught salmon fillet with a delicious blend of garlic & herbs. Served with two sides and dinner bread. 16.59

♥ | ♡ when you choose red-skinned mashed potatoes and broccoli and without dinner bread
GF when you choose two Gluten Free sides and the Gluten Free English Muffin



FISH & CHIPS

Wild-caught white fish fillets fried golden-brown. Served with tartar sauce and wavy-cut fries plus one additional side. 15.99

FIT FARE®: ♥ Over 20g of protein ♡ Under 15g of fat ♢ Under 550 calories

Sides

- Broccoli **GF**
- Sweet Petite Corn **GF**
- Fresh Sautéed Zucchini & Squash **GF**
(Also available steamed.)
- Whole Grain Rice
- Jasmine Rice **GF**
- Wavy-Cut Fries **GF**
- Hash Browns **GF**
- Red-Skinned Potatoes **GF**
- Red-Skinned Mashed Potatoes **GF**

SLAM IT!

ADD AN
ADDITIONAL
SIDE

TO YOUR DINNER

1.69 (Limit two)

55+ Diner MEALS

IF YOU PREFER EGG WHITES OR SUGAR-REDUCED SYRUP, TELL YOUR SERVER.

Breakfast

55+ SCRAMBLED EGGS & CHEDDAR BREAKFAST

Two scrambled eggs with Cheddar cheese. Served with two bacon strips, two sausage links and buttermilk pancakes. 10.29

55+ FRENCH TOAST SLAM®

One thick slice of our fabulous French toast with one egg,* two bacon strips or two sausage links. 8.99

55+ BELGIAN WAFFLE SLAM®

A golden waffle served with one egg,* two bacon strips or two sausage links. 9.29

55+ STARTER™

One egg* with two bacon strips or two sausage links. Choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast or English muffin. 8.99

GF when you choose the Gluten Free English muffin

55+ FIT FARE® LOADED VEGGIE OMELETTE

Egg white omelette with spinach, mushrooms, sautéed zucchini and squash, diced tomatoes and Swiss cheese. Served with seasonal fruit and an English muffin. 9.99

 **GF** when you choose the Gluten Free English muffin

55+ OMELETTE

Two-egg omelette with sautéed onions, bacon, tomatoes and Cheddar cheese. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of bread. 9.99

GF when you choose the Gluten Free English muffin



55+ Scrambled Eggs & Cheddar Breakfast

FIT FARE®:  Over 20g of protein  Under 15g of fat  Under 550 calories

Lunch

55+ CLUB SANDWICH

Carved turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. Served with wavy-cut fries. 9.99

55+ GRILLED CHEESE SANDWICH & SOUP

Canadian cheese on grilled sourdough bread and served with a cup of soup. 9.59

Soup available from 11 am to 10 pm. Other side choices available upon request.

Dinner

INCLUDES CHOICE OF CAESAR SIDE SALAD, GARDEN SIDE SALAD OR CUP OF SOUP

Soup available from 11 am to 10 pm.

55+ COUNTRY-FRIED STEAK

A chopped beef steak smothered in country gravy. Served with two sides and dinner bread. 11.79

55+ GRILLED CHICKEN

Grilled seasoned chicken breast served with two sides and dinner bread. 13.39

GF when you choose two Gluten Free sides and the Gluten Free English muffin

55+ FISH & CHIPS

A wild-caught white fish fillet fried golden-brown, plus tartar sauce and wavy-cut fries. 13.89

55+ GRILLED HADDOCK

A grilled wild-caught haddock fillet seasoned with a blend of garlic & herbs. Served with choice of two sides and dinner bread. 13.99

 |  when you choose red-skinned mashed potatoes and broccoli and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English muffin

55+ TURKEY DINNER

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with choice of two sides and dinner bread. 14.39

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*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.



Egg Quality Assurance

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

The Egg Quality Assurance™ (EQA) program is an industry-wide initiative that certifies Canadian eggs are produced according to strict food safety and animal welfare standards. All eggs that are certified EQA™ have met the highest standards of Egg Farmers of Canada's Start Clean-Stay Clean® and Animal Care Programs.

FitFare® Guide to Better Nutrition

Choosing healthy is important, so look for these Fit Fare logos.



LEAN

Under 15g of fat



LIGHT

Under 550 calories



PROTEIN

Over 20g of protein



FIBRE

Over 8g of fibre

ALWAYS OPEN AT DENNYS.CA



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