





MAMA D'S POT ROAST BOWL

Slow-cooked pot roast atop mashed red potatoes with roasted carrots, celery and onions all covered in rich gravy. Served with dinner bread. 630 Cals 18.99

BROOKLYN SPAGHETTI & MEATBALLS

Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with dinner bread. 1080 Cals 17.79

NOW! BRISKET KICKER BBO SIZZLIN' SKILLET

Slow-smoked brisket burnt ends served over a bed of crispy hash browns with fajita vegetables and cheddar cheese. Topped with onion rings and BBQ sauce. 1080 Cals 18.99

ADD TWO EGGS* GF 110-170 Cals 2.49 ADD SLICED JALAPEÑOS GF 10 Cals 1.29

BUTTER CHICKEN SIZZLIN' SKILLET

Grilled seasoned chicken breast covered with a mild butter chicken curry sauce atop whole grain rice and fire-roasted bell peppers & onions. 860 Cals 18.99

BOURBON CHICKEN SIZZLIN' SKILLET

A grilled seasoned chicken breast covered with a bourbon glaze atop seasoned red potatoes, vegetable medley and mushrooms. 860 Cals 18.99

CRAZY SPICY SIZZLIN' SKILLET

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red potatoes. Topped with grilled seasoned chicken breast, cheddar cheese, a spicy 5-pepper sauce and Pepper Jack queso. 810 Cals 19.49

ADD TWO EGGS* GF 110-170 Cals 2.49

ADD TOAST TO YOUR SKILLET 160-280 Cals 2.29

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

GF indicates food options that are GLUTEN FREE. Menu items marked as GF meet the FDA specified definition of less than 20 parts per million for a gluten free claim. Please note that our restaurants are not set up as a strictly gluten free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST, NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

PLATE LICKIN' CHICKEN FRIED CHICKEN

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1380 Cals 18.99

PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 17.29

SIRLOIN STEAK*

A Canadian 8 oz. seasoned sirloin steak* Served with two sides and dinner bread 890-1510 Cals 22 99

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

T-BONE STEAK*

A 13 oz. seasoned T-Bone steak. Served with two sides and dinner bread. 890-1510 Cals 24.99

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

COUNTRY-FRIED STEAK

Two chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 17.99

WILD SALMON

A grilled wild-caught salmon fillet with a delicious blend of garlic & herbs. Served with two sides and dinner bread. 750-1370 Cals 18.59

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

FISH & CHIPS

Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 17.99

ROAST TURKEY

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with two sides and dinner bread. 1450-2070 Cals 17.49

DINNER SIDES

Fresh Vegetable Medley GF 90 Cals

Herb Glazed Corn GF 190 Cals Mashed Red Potatoes GF 130 Cals

Seasoned Red Potatoes GF 350 Cals

Wavy-Cut Fries GF 380 Cals

Hash Browns GF 110 Cals

Whole Grain Rice GF 240 Cals

Jasmine Rice GF 300 Cals

This menu may not be reproduced, in whole or in part, without the prior written permission of DFO, LLC. © 2023 DFO, LLC. Printed in Canada. © 2023 The Coca-Cola Company. "Coca-Cola," "Sprite," "Diet Coke," "Minute Maid," "Barg's," and "Dasani" are registered trademarks of The Coca-Cola Company. "Canada Dry" is a trademark of Canada Dry Mott's Inc. OREO and the OREO Wafer Design are registered trademarks of Mondelez International, Inc., used under license. Beyond Meat and associated marks are registered trademarks of Beyond Meat, Inc. Brand names identified within this menu may vary per restaurant. Selection and prices may vary. GST or HST will be added to the retail price on all taxable items.

ADD ADDITIONAL ITEMS 1.99 each (Limit two items)

NEW YORK STYLE CHEESECAKE

Plain or with strawberry topping and whipped cream. 780-910 Cals 7.59

LAVA COOKIE SKILLET

Warm chocolate chip cookie filled with molten chocolate and topped with premium vanilla ice cream and salted caramel. 480 Cals 7.59

APPLE CRISP

Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 530 Cals 7.59

COOKIES AND CREAM CAKE

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 690 Cals 8.29

LEMON & WHITE CHOCOLATE CHEESECAKE

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.29

FOOD ALLERGIES?

Scan the QR code for our allergen guide or see server.



YOUR LOCAL DENNY'S

ORDER AT DENNYS.CA





SIGNATURE DINER BLEND 3.69 REGULAR • DECAF O Cals



MINUTE MAID® ORANGE JUICE 210 Cals 4.49

OTHER JUICES Selection may vary. 4.49 APPLE 240 Cals • TOMATO 90 Cals **RUBY RED GRAPEFRUIT** 220 Cals

2% MILK 240 Cals 4.29

CHOCOLATE MILK 290 Cals 4.29

Smoothles

TROPICAL GREEN GF 200 Cals 5.99

STRAWBERRY BANANA GF 180 Cals 5.99

MANGO GF 150 Cals 5.99

Milk Shakes

STRAWBERRY 520 Cals 6.69 VANILLA 460 Cals 6.69 CHOCOLATE 830 Cals 6.69

820 Cals 6.69

Lemonade & leed Teas



PREMIUM LEMONADE 160 Cals 3.99 MANGO LEMONADE 180 Cals 4.79

STRAWBERRY LEMONADE 180 Cals 4.79

ICED TEA 110 Cals 3.99

LEMONADE ICED TEA 140 Cals 3.99

Other Beverages

HOT TEA / HERBAL TEA 0 Cals 3.69 HOT CHOCOLATE 350 Cals 4.29

DASANI® BOTTLED WATER 0 Cals 2.99

SOFT DRINKS Selection may vary. 3.89



















BREAKFAST FAVES & PANCAKES

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal

berries and bananas. Served with eggs,* hash browns, plus bacon strips or



SAUCES

Blue Cheese **GF** 170 Cals

Honey Mustard GF 190 Cals

Diner O GF 150 Cals

Ranch GF 200 Cals

Buffalo GF 130 Cals

BBO 70 Cals

SERVED WITH WAVY-CUT FRIES.



LUMBERJACK SLAM®

Buttermilk pancakes, grilled ham, bacon strips, sausage links, eggs*, hash browns and choice of bread. 1140-1390 Cals 18.49

ALL-AMERICAN SLAM®

Three scrambled eggs with cheddar cheese, bacon strips, sausage links, hash browns and choice of bread. 770-970 Cals 15.99

FRENCH TOAST SLAM

Two slices of French toast served with eggs*, bacon strips and sausage links. 930-1300 Cals 14.99

FIT SLAM

Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 350 Cals 13.99 GF when you choose the Gluten Free English Muffin

BUILD YOUR OWN CRAND SLAM

Pick FOUR items and make it your own. 370-1100 Cals 13.69

PREMIUM ITEMS

Grilled Ham Slice GF 80 Cals

Seasonal Fruit **GF** 170 Cals

ADD ADDITIONAL ITEMS

add 1.79 each

(Selection may vary.)

Yogurt GF 130 Cals

Pancakes 290 Cals

1.79 each (Limit two items)

Additional charge for

premium items.

2 Hearty 9-Grain

- 2 Bacon Strips GF 140 Cals
- 2 Sausage Links GF 270 Cals
- 2 Turkey Bacon Strips **GF** 80 Cals
- 2 Eggs* **GF** 110-170 Cals
- 2 Egg Whites GF 35 Cals
- 2 Buttermilk Pancakes 350 Cals
- 2 Slices of Toast 160-280 Cals
- English Muffin 200 Cals

Gluten Free English Muffin **GF** 200 Cals

Hash Browns GF 110 Cals

Oatmeal 150 Cals (6 am - 2 pm only.)

CINNAMON ROLL PANCAKE BREAKFAST

DOUBLE BERRY BANANA PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. Served with eggs; hash browns, plus bacon strips or sausage links. 1410-1740 Cals 16.29

CHOCONANA PANCAKE BREAKFAST

Chocolate chips cooked inside buttermilk pancakes and topped with bananas and more chocolate chips. Served with eggs,* hash browns, plus bacon strips or sausage links. 1080-1410 Cals 16.29

HEARTY 9-GRAIN PANCAKE BREAKFAST

Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. Served with eggs,* hash browns, plus bacon strips or sausage links. 680-1010 Cals 15.29

BREAKFAST POUTINE

sausage links. 800-1130 Cals 16.29

Berry selection based on seasonality.

Seasoned red potatoes, topped with squeaky cheese curds and covered with Hollandaise sauce. 660 Cals 6.99

COUNTRY-FRIED STEAK & EGGS*

A chopped beef steak smothered in country gravy. Served with two eggs,* hash browns and bread. 660-920 Cals 17.59

T-BONE STEAK* & EGGS*

A 13 oz. seasoned T-Bone steak.* Served with two eggs,* hash browns and bread. 770-1020 Cals 24.99

GF when you choose the Gluten Free English Muffin

THE GRAND SLAMWICH®

Scrambled eggs, crumbled sausage, bacon, ham and Canadian cheese on potato bread grilled with a maple spice spread. Served with hash browns. 1180 Cals 16.29

MOONS OVER MY HAMMY

Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled artisan bread. Served with hash browns. 660 Cals 16.29

SANTA FE SIZZLIN' SKILLET GF

Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red potatoes. Topped with cheddar cheese and eggs.* 450-510 Cals 16.59

FIT FARE® VEGGIE SIZZLIN' SKILLET GF

Seasoned red potatoes, vegetable medley and mushrooms. Topped with egg whites scrambled with spinach and grape tomatoes. Served with a side of salsa. 330 Cals 16.59

ADD TOAST TO ANY SKILLET 160-280 Cals 2.29

DENVER OMELETTE

Three-egg omelette with ham, fire-roasted bell peppers & onions and Canadian cheese. Served with hash browns and bread. 820-1020 Cals 18.59 **GF** when you choose the Gluten Free English Muffin

Or order the ORIGINAL GRAND SLAM® and get two buttermilk pancakes.

two eggs*, two bacon strips and two sausage links. 800-930 Cals

ULTIMATE OMELETTE

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese. Served with hash browns and bread. 1120-1320 Cals 18.59 GF when you choose the Gluten Free English Muffin

PHILLY CHEESESTEAK OMELETTE

Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. Served with hash browns and bread. 960-1150 Cals 18 69

GF when you choose the Gluten Free English Muffin

LOADED VEGGIE OMELETTE

Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers & onions, tomatoes and Swiss cheese. Served with hash browns and bread. 750-940 Cals 17.99

GF when you choose the Gluten Free English Muffin

GF indicates food options that are GLUTEN FREE. Menu items marked as GF meet the FDA specified definition of less than 20 parts per million for a gluten free claim. Please note that our restaurants are not set up as a strictly gluten free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

*EGGS SERVED OVER-EASY. POACHED. SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS. POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

CHICKEN WINGS

Lightly seasoned breaded chicken wings golden-fried and crispy. With your choice of dipping sauce. 760-960 Cals, Serves 2 14.59

PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals, Serves 2 14.59

CLASSIC SAMPLER

Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.49

BUILD YOUR OWN SAMPLER™ Served with choice of dipping sauces.

PICK FOUR 970-2590 Cals 18.49 PICK THREE 700-1880 Cals 14.99 Premium Chicken Tenders 280 Cals Bacon Cheddar Tots 220 Cals

Mozzarella Cheese Sticks 320 Cals Chips & Queso 670 Cals

Onion Rings 310 Cals Seasoned Fries 400 Cals Wavy-Cut Fries 380 Cals

ZESTY NACHOS GF

Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. 1490 Cals, Serves 3 15.99 **HALF ORDER** 770 Cals, Serves 2 11.99

MOZZARELLA CHEESE STICKS

Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 10.79

POUTINE

Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 8.99

LOADED BACON CHEDDAR TOTS

Ten crispy tots made with shredded potatoes, bacon and cheddar cheese. Topped with Pepper Jack queso, more cheddar cheese, bacon and sour cream.

ADD SEASONED NACHO MEAT 200 Cals 2.49 TEN BACON CHEDDAR TOTS 360 Cals, Serves 2 8.49

Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 2 7.99

STRAWBERRY PANCAKE PUPPIES®

Made with strawberries and white chocolate chips, sprinkled with powdered sugar and served with cream cheese icing.

TEN 1010 Cals 5.99 **SIX** 700 Cals 4.29

COBB SALAD GF

Bacon, fresh avocado, grape tomatoes, cheddar cheese, hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with choice of dressing. 730-760 Cals 13.29

HOUSE SALAD

Cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with choice of dressing. 190-220 Cals 10.49



SALAD ADD-ONS

Premium Chicken Tenders 240 Cals Grilled Chicken GF 170 Cals 5 60 Prime Rib GF 150 Cals 5.69 Wild Salmon GF 330 Cals 7.69 Fresh Avocado GF 80 Cals 2.59

FLAMIN' 5-PEPPER BURGER

Aged white cheddar cheese, bacon, jalapeños, 5-pepper sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 17.99 MAKE IT A DOUBLE PATTY 550 Cals 3.99 more

DOUBLE CHEESEBURGER

Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 18.99

BOURBON BACON BURGER

Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 18.49

MAKE IT A DOUBLE PATTY 550 Cals 3.99 more

SLAMBURGER™

Hash browns, an egg*, bacon and Canadian cheese on a brioche bun. 1470 Cals 17.49

MAKE IT A DOUBLE PATTY 550 Cals 3.99 more

BACON AVOCADO CHEESEBURGER

Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 17.99

MAKE IT A DOUBLE PATTY 550 Cals 3.99 more

SUBSTITUTE A

BEYOND MEAT GF

New! BRISK-IT-ALL MELT ™

Slow-smoked brisket burnt ends, crispy diced bacon, two eggs*, aged white cheddar, Diner Q sauce and pickles on grilled artisan bread. 1650-1800 Cals 23.99

PATTY ON ANY BURGER BUILD 1.99 each Less 270 Cals

DINER CLASSIC PATTY MELT

A 100% beef patty with caramelized onions, Swiss & Canadian cheeses and Diner Q sauce on grilled artisan bread. 1740 Cals 16.59

NASHVILLE HOT CHICKEN MELT

A golden-fried chicken breast tossed in Nashville Hot sauce with Swiss cheese, tomato, pickles and mayo on grilled artisan bread. 1260 Cals 17.49

SLOW COOKER MEATY MELT

Tender slow-roasted beef, caramelized onions and aged white cheddar on arilled artisan bread. 1340 Cals 18.49

CALI CLUB SANDWICH

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 16.99

CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 16.49

THE SUPER BIRD

Turkey breast with Swiss cheese, bacon and tomato on grilled artisan bread.

À LA CARTE SIDES

Seasoned Fries 400 Cals 6.49 Seasonal Fruit **GF** 170 Cals 5.49 Wavy-Cut Fries GF 380 Cals 5.49 (Selection may vary.) Onion Rings 450 Cals Bacon Cheddar Tots 360 Cals 5.99 Add side salad to any entrée 4.29 Hash Browns **GF** 110 Cals 4.59

†Due to our cooking procedures, the Beyond Burger® may come in contact with animal-based products or ingredients and might not be 100% plant-based. BCABONSKMB0323

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.