



# Sizzlin’ Skillets

ADD TOAST TO ANY SKILLET 160-280 Cals 2.59

**BOURBON CHICKEN SIZZLIN’ SKILLET**  
A grilled seasoned chicken breast covered with a bourbon glaze atop seasoned red potatoes, vegetable medley and mushrooms. 860 Cals 20.49

**CRAZY SPICY SIZZLIN’ SKILLET**  
Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red potatoes. Topped with grilled seasoned chicken breast, cheddar cheese, a spicy 5-pepper sauce and Pepper Jack queso. 810 Cals 20.49  
ADD TWO EGGS\* 110-170 Cals 2.49

**MAC ‘N BRISKET SIZZLIN’ SKILLET** NEW!  
Slow-smoked brisket served over a bed of mac n’ cheese. Topped with three onion rings and BBQ sauce. 990 Cals 24.99

**BRISKET KICKER BBQ SIZZLIN’ SKILLET**  
Slow-smoked brisket burnt ends served over a bed of crispy hash browns with fajita vegetables and cheddar cheese. Topped with onion rings and BBQ sauce. 1080 Cals 24.99  
ADD TWO EGGS\* 110-170 Cals 2.49  
ADD SLICED JALAPEÑOS 10 Cals 1.39

**BUTTER CHICKEN SIZZLIN’ SKILLET**  
Grilled seasoned chicken breast covered with a mild butter chicken curry sauce atop whole grain rice and fire-roasted bell peppers & onions. 860 Cals 20.49

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

Ⓜ indicates food options that are **GLUTEN-FREE**. Menu items marked as Ⓜ meet the FDA specified definition of less than 20 parts per million for a gluten-free claim. Please note that our restaurants are not set up as a strictly gluten-free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

\*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS’ REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

# Comfy Classics



**SIRLOIN STEAK\***  
A Canadian 8 oz. seasoned sirloin steak\* Served with two sides and dinner bread. 890-1510 Cals 22.99  
Ⓜ when you choose two Gluten-Free sides and the Gluten-Free English Muffin

**T-BONE STEAK\***  
A 13 oz. seasoned T-Bone steak\* Served with two sides and dinner bread. 890-1510 Cals 24.99  
Ⓜ when you choose two Gluten-Free sides and the Gluten-Free English Muffin

**COUNTRY-FRIED STEAK**  
Two chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99

**WILD ALASKA SALMON**  
A grilled wild-caught Alaska salmon fillet with a delicious blend of garlic & herbs. Served with two sides and dinner bread. 750-1370 Cals 18.99  
Ⓜ when you choose two Gluten-Free sides and the Gluten-Free English Muffin

**FISH & CHIPS**  
Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 18.99

**PLATE LICKIN’ CHICKEN FRIED CHICKEN**  
Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1380 Cals 19.99

**PREMIUM CHICKEN TENDERS**  
Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 18.99

**ROAST TURKEY**  
Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce. Served with two sides and dinner bread. 1450-2070 Cals 18.99

**OVEN-BAKED LASAGNA** NEW!  
Savoury four cheese and seasoned beef combination wrapped in a delicious pasta shell smothered in an Italian sausage and beef meat sauce topped with provolone cheese. Served with dinner bread. 1130 Cals 18.99 Additional baking time required.

**BROOKLYN SPAGHETTI & MEATBALLS**  
Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with dinner bread. 1080 Cals 18.59

**MAMA D’S POT ROAST BOWL**  
Slow-cooked pot roast atop mashed red potatoes with roasted carrots, celery and onions all covered in rich gravy. Served with dinner bread. 630 Cals 19.99

## Dinner Sides

- Herb Glazed Corn Ⓜ 190 Cals
- Fresh Vegetable Medley Ⓜ 90 Cals
- Whole Grain Rice 240 Cals
- Jasmine Rice Ⓜ 300 Cals
- Wavy-Cut Fries Ⓜ 380 Cals
- Oven-Baked Mac ‘N Cheese 140 Cals NEW!
- Seasoned Red Potatoes Ⓜ 350 Cals
- Mashed Red Potatoes 210-230 Cals Ⓜ without gravy

# Tasty Desserts

**NEW YORK STYLE CHEESECAKE**  
Plain or with strawberry topping and whipped cream. 780-910 Cals 7.59

**LAVA COOKIE SKILLET**  
Warm chocolate chip cookie filled with molten chocolate and topped with premium vanilla ice cream and salted caramel. 820 Cals 7.59

**APPLE CRISP**  
Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 7.59

**LEMON & WHITE CHOCOLATE CHEESECAKE**  
Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.29

**COOKIES AND CREAM CAKE**  
Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 690 Cals 8.29



**FOOD ALLERGIES?**  
Scan the QR code for our allergen guide or see server.

YOUR LOCAL DENNY’S

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ORDER AT DENNYS.CA

## Coffee

**SIGNATURE DINER BLEND** **REGULAR • DECAF** 0 Cals 3.79

**SWEET CREAM COLD BREW** NEW!  
Medium roast, single origin Colombian coffee, poured over ice and topped with sweet cream. 130 Cals 4.29

## Juice & Milk

**MINUTE MAID® ORANGE JUICE** 210 Cals 4.59

**OTHER JUICES** Selection may vary. 4.59  
**APPLE** 240 Cals • **TOMATO** 90 Cals  
**RUBY RED GRAPEFRUIT** 220 Cals

**2% MILK** 240 Cals 4.49

**CHOCOLATE MILK** 290 Cals 4.59



## Smoothies

**TROPICAL GREEN** Ⓜ 340 Cals 6.49

**STRAWBERRY BANANA** Ⓜ 330 Cals 6.49

**MANGO** Ⓜ 340 Cals 6.49



## Milk Shakes

**STRAWBERRY** 780 Cals 7.29

**VANILLA** 800 Cals 7.29

**CHOCOLATE** 830 Cals 7.29

**OREO** 1050 Cals 7.29



## Lemonade & Iced Tea

**PREMIUM LEMONADE** 160 Cals 3.99

**MANGO LEMONADE** 180 Cals 4.79

**STRAWBERRY LEMONADE** 180 Cals 4.79

**ICED TEA** 110 Cals 3.99

**LEMONADE ICED TEA** 140 Cals 3.99



## Other Beverages

**HOT TEA / HERBAL TEA** 0 Cals 3.99

**HOT CHOCOLATE** 350 Cals 4.49

**DASANI® BOTTLED WATER** 0 Cals 3.29

**SOFT DRINKS** Selection may vary. 3.99

- 140 Cals
- 0 Cals
- 0 Cals
- 140 Cals
- 160 Cals
- 110 Cals

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Signature Slams®



**STRAWBERRY STUFFED FRENCH TOAST SLAM®** NEW!  
Four slices of Brioche French Toast stuffed with sweet cream cheese filling and topped with strawberries, strawberry sauce and powdered sugar.  
Served with eggs,\* bacon strips and sausage links. 1290-1430 Cals 18.59

**LUMBERJACK SLAM®**  
Buttermilk pancakes, grilled ham, bacon strips, sausage links, eggs\*, hash browns and choice of toast. 1140-1390 Cals 18.99

**ALL-AMERICAN SLAM®**  
Three scrambled eggs with cheddar cheese, bacon strips, sausage links, hash browns and choice of toast. 770-970 Cals 17.29




**FRENCH TOAST SLAM®** NEW!  
Three slices of Brioche French Toast served with eggs\*, bacon strips and sausage links. 860-1010 Cals 16.29

**FIT SLAM®**  
Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 350 Cals 14.59  
 when you choose the Gluten-Free English Muffin


**ORIGINAL GRAND SLAM®**  
Two buttermilk pancakes served with eggs,\* bacon strips and sausage links. 800-930 Cals 14.39

**BUILD YOUR OWN GRAND SLAM®**  
Pick **FOUR ITEMS** 370-1100 Cals 14.39

- 2 Bacon Strips  140 Cals
- 2 Sausage Links  270 Cals
- 2 Turkey Bacon Strips  80 Cals
- 2 Eggs\*  110-170 Cals
- 2 Egg Whites  35 Cals
- 2 Buttermilk Pancakes 350 Cals
- 2 Slices of Toast 160-280 Cals
- English Muffin 200 Cals
- Gluten-Free English Muffin  200 Cals
- Hash Browns  110 Cals
- Oatmeal 150 Cals 6 am - 2 pm only.

- PREMIUM ITEMS**
- add 2.29 each
- Grilled Ham Slice  90 Cals
- Seasonal Fruit  170 Cals  
*Selection may vary.*
- Yogurt  130 Cals
- 2 Hearty 9-Grain Pancakes 290 Cals
- ADD ADDITIONAL ITEMS**
- 2.29 each (Limit two items)
- Additional charge for premium items.

Savoury Omelettes

Served with **hash browns** and **choice of toast**.  
 when you choose the Gluten-Free English Muffin

**DENVER OMELETTE**  
Three-egg omelette with ham, fire-roasted bell peppers & onions and Canadian cheese. 820-1020 Cals 18.99

**ULTIMATE OMELETTE®**  
Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese. 1120-1320 Cals 19.39

**MOONS OVER MY HAMMY® OMELETTE** NEW!  
Three-egg omelette with ham, Swiss & Canadian cheese. 860-1080 Cals 18.99

**PHILLY CHEESESTEAK OMELETTE**  
Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 960-1150 Cals 19.59

**LOADED VEGGIE OMELETTE**  
Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers & onions, tomatoes and Swiss cheese. 750-940 Cals 18.99

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

Pancake Slams®

Served with **two eggs\***, hash browns, plus **bacon strips** or **sausage links**.

**DOUBLE BERRY BANANA PANCAKE SLAM**  
Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 800-1130 Cals 17.49  
Berry selection based on seasonality.

**CINNAMON ROLL PANCAKE SLAM**  
Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1410-1740 Cals 17.49


**CHOCONANA PANCAKE SLAM**  
HERSHEY’S Chocolate chips cooked inside buttermilk pancakes and topped with bananas and more HERSHEY’S Chocolate chips. 1080-1410 Cals 17.49

**HEARTY 9-GRAIN PANCAKE SLAM**  
Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. 680-1010 Cals 16.49

Signature Breakfasts

**BREAKFAST POUTINE**  
Seasoned red potatoes, topped with squeaky cheese curds and covered with Hollandaise sauce. 660 Cals 7.99

**COUNTRY-FRIED STEAK & EGGS\***  
A chopped beef steak smothered in country gravy. Served with two eggs\*, hash browns and choice of toast. 660-920 Cals 18.69


**T-BONE STEAK\* & EGGS\***  
A 13 oz. seasoned T-Bone steak.\* Served with two eggs\*, hash browns and choice of toast. 770-1020 Cals 24.99  
 when you choose the Gluten-Free English Muffin

**SIRLOIN STEAK\* & EGGS\*** NEW!  
A 8 oz. Canadian seasoned sirloin steak.\* Served with two eggs\*, hash browns and choice of toast. 840-990 Cals 22.59

**THE GRAND SLAMWICH®**  
Scrambled eggs, crumbled sausage, bacon, ham and Canadian cheese on potato bread grilled with a maple spice spread. Served with hash browns. 1180 Cals 17.99

**MOONS OVER MY HAMMY®**  
Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled artisan bread. Served with hash browns. 660 Cals 17.99



**SANTA FE SIZZLIN’ SKILLET **  
Crumbled chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red potatoes. Topped with cheddar cheese and eggs\*. 680-740 Cals 17.99

**FIT FARE® VEGGIE SIZZLIN’ SKILLET **  
Seasoned red potatoes, vegetable medley and mushrooms. Topped with egg whites scrambled with spinach and grape tomatoes. Served with a side of salsa. 350 Cals 17.99

**ADD TOAST TO ANY SKILLET** 160-280 Cals 2.59

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Starters & Salads

**CHICKEN WINGS**  
Seasoned, lightly breaded chicken wings, golden-fried and crispy.  
Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

**PREMIUM CHICKEN TENDERS**  
Premium golden-fried chicken tenders with choice of dipping sauce.  
690-890 Cals, Serves 2 15.29

**CLASSIC SAMPLER**  
Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.49

**BUILD YOUR OWN SAMPLER™** Served with choice of dipping sauces.  
**PICK FOUR** 970-2590 Cals 18.49 **PICK THREE** 700-1880 Cals 14.99

- Premium Chicken Tenders 280 Cals
- Bacon Cheddar Tots 220 Cals
- Mozzarella Cheese Sticks 320 Cals
- Chips & Queso 670 Cals
- Onion Rings 310 Cals
- Seasoned Fries 400 Cals
- Wavy-Cut Fries 380 Cals

**ZESTY NACHOS **  
Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream.  
1490 Cals, Serves 3 18.49 **HALF ORDER** 770 Cals, Serves 2 13.79

**MOZZARELLA CHEESE STICKS**  
Eight golden-fried cheese sticks with a side of tomato sauce.  
630 Cals, Serves 2 11.99

**POUTINE**  
Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.29

**LOADED BACON CHEDDAR TOTS**  
Ten crispy tots made with shredded potatoes, bacon and cheddar cheese. Topped with Pepper Jack queso, more cheddar cheese, bacon and sour cream. 720 Cals, Serves 2 11.59  
**ADD SEASONED NACHO MEAT** 200 Cals 2.49  
**TEN BACON CHEDDAR TOTS** 360 Cals, Serves 2 9.99

**ONION RINGS**  
Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 2 9.99

**HERSHEY’S CHOCOLATE PANCAKE PUPPIES®**  
Made with HERSHEY’S Cocoa and chocolate chips, tossed with powdered sugar and served with cream cheese icing.  
**TEN** 1120 Cals 6.49 **SIX** 760 Cals 4.79

**LET’S COBB ABOUT IT PRIME RIB COBB SALAD** NEW!  
Prime rib, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 590-940 Cals 19.59

**EGG-CELLENT GRILLED CHICKEN COBB SALAD** NEW!  
Grilled chicken, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 650-1010 Cals 19.59

**MAMA'S FRIED CHICKEN HOUSE SALAD** NEW!  
Fried chicken tenders, fresh cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.59

**SALMON SALAD YOUR WAY** NEW!  
Grilled wild-caught Alaska salmon fillet with delicious blend of garlic and herbs, fresh cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with your choice of dressing. 570-930 Cals 19.99

Burgers & Handhelds

Served with **wavy-cut fries**.  
**MAKE IT A DOUBLE PATTY BURGER** 550 Cals 4.49 more

**FLAMIN’ 5-PEPPER BURGER**  
Aged white cheddar cheese, bacon, jalapeños, 5-pepper sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 19.29

**DOUBLE CHEESEBURGER**  
Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 19.99  
**SINGLE ONLY** 1330-1370 Cals 17.99

**BOURBON BACON BURGER**  
Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.49

**SLAMBURGER™**  
Hash browns, an egg\*, bacon and Canadian cheese on a brioche bun. 1470 Cals 18.49

**BACON AVOCADO CHEESEBURGER**  
Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.29

**SUBSTITUTE A  BEYOND MEAT® PATTY **  
on any burger for 2.29 280 Cals

**BRISK-IT-ALL MELT™**  
Slow-smoked brisket burnt ends, crispy diced bacon, two eggs\*, aged white cheddar, Diner Q sauce and pickles on grilled artisan bread. 1650-1800 Cals 24.99

**SLOW COOKER MEATY MELT**  
Tender slow-roasted beef, caramelized onions and aged white cheddar on grilled artisan bread. 1340 Cals 19.99

**CRISPY CHICKEN BACON RANCH SANDWICH** NEW!  
Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled artisan bread. 1610 Cals 18.99

**CALI CLUB SANDWICH**  
Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 17.99

**CLUB SANDWICH**  
Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.49

**THE SUPER BIRD®**  
Turkey breast with Swiss cheese, bacon and tomato on grilled artisan bread. 1150 Cals 17.49

À La Carte Sides

- Seasoned Fries 400 Cals 7.29
- Wavy-Cut Fries  380 Cals 5.99
- Onion Rings 450 Cals 6.99
- Bacon Cheddar Tots 360 Cals 6.99
- Hash Browns  110 Cals 4.99
- Seasonal Fruit  170 Cals *Selection may vary.* 5.49
- Garden Side Salad 180-280 Cals 6.99
- Add side salad to any entrée 4.29

\*Due to our cooking procedures, the Beyond Burger® may come in contact with animal-based products or ingredients and might not be 100% plant-based.