

## Sizzlin' Skillets

ADD TOAST TO ANY SKILLET $160-280$ Cals 2.59
BOURBON CHICKEN SIZZLIN' SKILLET
grilled seasoned chicken breast covered with a bourbon glaze ato easoned red potatoes, vegetable medley and mushrooms.

CRAZY SPICY SIZZLIN' SKILLET
Crumbled chorizo sausage, fire-roasted bell peppers \& onions, grilled seasoned chicken breast, cheddar cheese, a spicy 5-pepper sauce and Pepper Jack queso. 810 Cals 20.49 ADD TWO EGGS* © $110-170$ Cals 2.49
MAC 'N BRISKET SIZZLIN' SKILLET NEW: Slow-smoked brisket served over a bed of mac $n$ ' cheese. Topped SISKET KICKER BBQ SIZZUN' SKILLET Sow-smoked brisket burnt ends served over a bed of crispy hash bowns with fajita vegetables and cheddar cheese. Topped with nion rings and BBQ sauce. 1080 Cals 24.9
 BUTTER CHICKEN SIZZLIN' SKILLET rilled seasoned chicken breast covered with a mild butter chicken curry sauce atop whole grain rice and fire-roasted bell peppers \& nions. 860 Cals 20.49
 manager regarding any allergies.
diults and youth (ages 13 and older) need an average of 2,000 calories a day, and , idren (ages 4 to 12 ) need an average of 1,500 calories a day. Howe



EGGS SERVED OVER-EASY POACHED, SUNYY-SIDE-UP OR SOFT-BOLILD AND STEAKS THAT RE SERVED DARE OR M EDUUM-RARE MAY BE UNODRCOOKED AND WILLONLY BE SERVED UPON THE CONSUMERS' REOUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS,
POULTRY, SEAFOOD, SHELLISSH OR EGGS MAY INCRESE YOUR RISK OF FOODBONE ILLNESS,

## Comfy

 Classics
## SIRLOIN STEAK*

A Canadian 8 az seasoned sirloin steak* Served with two sides and dinner bread. 890-1510 Cals 22.99
(ङ) when you choose two Gluten-Free sides and the Gluten-Free English Muffin
t-bone Steak*
A 13 oz . seasoned T -Bone steak*: Served with two sides and dinner bread. $890-1510$ Cals 25.99
(f) when you choose two Gluten-Free sides and the Gluten-Free English Muffin

## COUNTRY-FRIED STEAK

wo chopped beef steaks smothered in country gravy. Served with wo sides and dinner bread. $1120-1740$ Cals 19.29

## WILD ALASKA SALMON

A grilled wild-caught Alaska salmon fillet with a delicious blend of garlic $\Theta$ whers. Served with two sides and dinner bread. $750-1370$ Cals 19.49

## FISH \& CHIPS

Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 19.49
PLATE LICKIN' CHICKEN FRIED CHICKEN Golden-fried boneless chicken breasts smothered in country grav PREMum CHICIEN dender
PREMIUM CHICKEN TENDERS
Premium golden-fried chicken tenders with choice of dipping sauce.

## ROAST TURKEY

Tender carved turkey breast, savoury stuffing, gravy and cranberry sauce解 with two sides and dinner bread. 1450-2070 Cals 19.49

## OVEN-BAKED LASAGNA

Savoury four cheese and seasoned beef combination wrapped in a delicious pasta shell smothered in an Italian sausage and beef meat
sauce topped with provolone cheese. Served with dinner bread. 1130 Cals 18.99 Additional baking time required.
BROOKLYN SPAGHETTI \& MEATBALLS
Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with dinner bread. 1080 Cals 19
MAMA D'S POT ROAST BOWL
Slow-cooked pot roast atop mashed red potatoes with roasted carrots, 630 Cals 20.49

## Dinner Sides

Herb Glazed Corn ${ }^{-5} 190$ Cals
Firesh Vegetable Mealley (r) 90 Cals
Whole Grain Rice 240 Cals
Jasmine Rice © ${ }^{\text {(f) }} 300 \mathrm{Cals}$
Wavy-Cut Fries © 380 Cals
Oven-Baked Mac 'N Cheese 140 Cals New
Seasoned Red Potatoes © 350 Cals
Mashed Red Potatoes $210-230$ Cals
© without gravy

## Tasty <br> Desserts

IEW YORK STYLE CHEESECAKE
Plain or with strawberry topping and whipped cream. 780-910 Cals

## LAVA COOKIE SKILLET

LAVA chocolate chip cookie filled with molten chocolate and topped with

## APPLE CRISP

A. nd powdered sugar. 740 Cals 7.99

EMON \& WHITE CHOCOLATE CHEESECAKE Lemon custard and white chocolate cheesecake, baked on a graham COOKIES AND CREAM CAKE

## Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate

 ganache and cookie mousse. 690 Cals 8.59

FOOD ALLERGIES? Scan the QR code for our allergen
guide or see server.

YOUR LOCAL DENNY'S

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all taxable items.

ORDER AT DENNYS.CA

## Coffee

SIGNATURE DINER BLEND REGULAR•DECAF OCals 3.8 SWEET CREAM COLD BREW NEW: Medium roast, single origin Colombian coffee, poured over ice and

## Juice \& Milk

MINUTE MAID ${ }^{\circ}$ ORANGE JUICE 210 Cals 4.99 OTHER JUICES selection may vary. 4.99 APPLE 240 Cals - TOMATO 90 Cals

2\% MILK 240 Cals 4.89
CHOCOLATE MILK 290 Cals 4.99

## Smoothies

TROPICAL GREEN ${ }^{\circ}$ ) 340 Cals 6.99 STRAWBERRY BANANA © 330 Cals 6.99 MANGO © 340 Cals 6.99

Milk Shakes
STRAWBERRY 780 Cals 7.2
VANILLA 800 Cals 7.29
CHOCOLATE 830 Cals 7.20

## - 1 J3O 1050 Cals 7.29

## Lemonade \& Iced Tea 裸

PREMIUM LEMONADE 160 Cals 3.99
MANGO LEMONADE 180 Cals 4.99
STRAWBERRY LEMONADE 180 Cals 499
ICED TEA 110 Cals 3.99
LEMONADE ICED TEA 140 Cals 3.99

## Other Beverages

HOT TEA / HERBAL TEA ocals 3.99 HOT CHOCOLATE 350 Cals 4.4 DASAN ${ }^{\circ}$ BOTTLED WATER ocals 3.29 SOFT DRINKS Selection may vary. 3.99


## Signature Slams ${ }^{\circ}$ (1). in, Pancake Slams ${ }^{\circ}$

STRAWBERRY STUFFED FRENCH TOAST SLAM ${ }^{\circledR}$ NEWE Four slices of Brioche French Toast stuffed with sweet cream cheese filling and topped with strawberries, strawberry sauce and powdered sugar.
Served with eggs,* bacon strips and sausage links. $1290-1430$ Cals 18.79

## LUMBERJACK SLAM ${ }^{\ominus}$

Buttermik pancakes, grilled ham, bacon strips, sausage links, eggs*,
hash browns and choice of toast. 1140-1390 Cals 19.49
hree scrambled eggs with cheddar cheese, bacon strips, sausag links, hash browns and choice of toast. 770-970 Cals 17.59 FRENCH TOAST SLAM ${ }^{\ominus}$ NEW:
Three slices of Brioche French Toast served with eggs*, bacon strips and sausage links. 860-1010 Cals 16.29

## FIT SLAM ${ }^{\circledR}$

Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. 350 Cals 14.89 ©f) when you choose the Gluten-Free English Muffin

## ORIGINAL GRAND SLAM

Two buttermik pancakes served w
sausage links. $800-930$ Cals 14.79

## BUILD YOUR OWN GRAND SLAM ${ }^{\circ}$

Pick FOUR ITEMS 370-1100 Cals 14.79
2 Bacon Strips ©f 140 Cals
PREMIUM ITEMS
2 Sausage Links $\subsetneq 270$ Cals 2 Turkey Bacon Strips © ® $^{20} 80$ Cals 2 Eggs* ©f $110-170$ Cals 2 Buttermilk Pancakes 350 Cals 2 Slices of Toast $160-280$ Cals English Muffin 200 Cals Gluten-Free English Muff Gluten Browns(9) Muffin ©f) 200 Cals Oatmeal 150 Cals 6 am-
$\qquad$ PREM 2.29 each
add Grilled Ham Slice ${ }^{\text {F }} 90$ Cals Seasonal Fruit ©f 170 Ca
Selection may vary. Yogurt (f) 130 Cals 2 Hearty 9 -Grain Pancakes 290 Cals add additional items 2.29 each (Limit two items) Additional charge for
premium items.

## Savoury Omelettes

Served with hash browns and choice of toast.
(F) when you choose the Gluten-Free English Muffin

## DENVER OMELETTE

Three-egg omelette with ham, fire-roasted bell pe Canadian cheese. $820-1020$ Cals 18.99

## ULTIMATE OMELETTE ${ }^{\circ}$

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers \& onions, sautéed mushrooms, tomatoes and cheddar cheese 120-1320 Cals 19.59
MOONS OVER MY HAMMY OMELETTE NEW:
Three-egg omelette with ham, Swiss \& Canadian chees
PHILLY CHEESESTEAK OMELETTE
Three-egg omelette with grilled prime rib, fire-roasted bell peppers \&
LOADED VEGGIE OMELETTE
Three-egg omelette with fresh spinach, sautéed mushrooms, fire-roasted bell peppers \& onions, tomatoes and Swiss cheese. $750-940$ Cals 18.99

Egg Ouality Assurancem is a certification mark used under license from Egg Farmers of Canada

## r sausage links.

DOUBLE BERRY BANANA PANCAKE SLAM
Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 800-1130 Cals 17.99
Berry selection based on seasonality

## CINNAMON ROLL PANCAKE SLAM

Buttermilk pancakes cooked with cinnamon crumb topping and topped
CHOCONANA PANCAKE SLAM
HERSHEY'S Chocolate chips cooked inside buttermilk pancakes and topped
with beranas and
HEARTY 9-GRAIN PANCAKE SLAM
Multigrain wheat pancakes made with flaxseeds, cinnamon \& brown sugar

## Signature Breakfasts

## BREAKFAST POUTINE

 Seasoned red potatoes, topped wiHollandaise sauce. 660 Cals 7.99
COUNTRY-FRIED STEAK \& EGGS*
A chopped beef steak smothered in country gravy. Served with two eggs hash browns and choice of toast. $660-920$ Cals 18.99
T-BONE STEAK* \& EGGS*
A 13 oz. seasoned $T$-Bone steak* Served with two eggs, hash browns and choice of toast. $770-1020$ Cals 25.99
©f when you choose the Gluten-Free English Muffin
SIRLOIN STEAK* \& EGGS* NEW:
A 8 oz. Canadian seasoned sirloin steak* Served with two eggs*, hash browns and choice of toast. $840-990$ Cals 22.79
THE GRAND SLAMWICH ${ }^{\bullet}$
Scrambled eggs, crumbled sausage, bacon, ham and Canadian cheese on potato bread grilled with a maple spice spread. Served with hash browns. 1180 Cals 18.49

## MOONS OVER MY HAMMY ${ }^{\circ}$

Ham and scrambled egg sandwich with Swiss \& Canadian cheeses on grilled tisan bread. Served with hash browns. 660 Cals 18.49

## SANTA FE SIZZLIN' SKILLET ©

asted bell peppers \& onions, mushroom and seasoned red potatoes. Topped with cheddar cheese and eggs:
$680-740$ Cals 18.49

FIT FARE ${ }^{\ominus}$ VEGGIE SIZZLIN' SKILLET © ${ }^{\text {© }}$
Seasoned red potatoes, vegetable medley and mushrooms. Topped with egg whites scrambled with spinach and grape tomatoes. ADD TOAST TO ANY Stisa. 350 Cals 18.39

## Please advise your server about foo manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories $a$ day, and
children (ages 4 to 12 ) need an average of 1,500 calories $a$ day, However individual children (ages 4 tot 12 ) need dn average of 1,500 calories $s$ aday. How
needs vary. Additional



*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED
UPON THE CONSUMERS REOUEST. NOTCEE CONSUMNG RAW OR UNDERCOKED MEATS


## Starters \& Salads

## CHICKEN WINGS

Seasoned, lightly breaded chicken wings, golden-fried and crispy

## PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenders 690-890 Cals, Serves 215.79

## CLASSIC SAMPLER

Golden-fried chicken wings, onion rings, fries. Served with choice of dipping sauces. $1280-1480$ Cals, Serves 318.99

| Souces |
| :---: |
| Diner Q © 150 Cals |
| Blue Cheese © © $^{\text {c }} 170$ Cals |
| Ranch © ¢ $^{\text {2 }} 200 \mathrm{Cals}$ |
| BEQ 70 Cals |
| Honey Mustard © 190 Cals |
| Buffalo ©(t) 130 Cals |

BUILD YOUR OWN SAMPLER ${ }^{\text {TM }}$ Served with choice of dipping sauces. PICK FOUR $970-2590$ Cals 18.99 PICK THREE $700-1880$ Cals 15.49 Premium Chicken Tenders 280 Cals Onion Rings 310 Cals Bacon Cheddar Tots 220 Cals Sasoned Fries 400 Cals Mozzarella Cheese Sticks 320 Cals Wavy-Cut Fries 380 Cals Chips \& Queso 670 Cals

## ZESTY NACHOS ©

Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream.

## MOZZARELLA CHEESE STICKS

Eight golden-fried cheese sticks with a side of tomato sauce.
630 Cals, Serves 211.99
poutine
Wavy-cut fries covered with squeaky cheese curds and topped with fich gravy. 710 Cals. Serves 29.49

## LOADED BACON CHEDDAR TOTS

Ten crispy tots made with shredded potatoes, bacon and cheddar cheese.
opped with Pepper Jack queso, more cheddar cheese, bacon and sour cream. 720 Cals, Serves 211.99
ADD SEASONED NACHO MEAT 200 Cals 2.49
ONION RINGS
Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 29.99
HERSHEY'S CHOCOLATE PANCAKE PUPPIES ${ }^{\ominus}$
Made with HERSHEY'S Cocoa and chocolate chips, tossed with powdered sugar and served with cream cheese icing.

## LET'S COBB ABOUT IT PRIME RIB COBB SALAD NEW:

 Prime rib, crispy bacon, fresh avocado, grape tomatoes, cheddarcheese, a hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with your choice of dressing. 590-940 Cals 19.59

## EGG-CELLENT GRILLED CHICKEN COBB SALAD NEW:

 Grilled chicken, crispy bacon, fresh avocado, grape tomatoes, cheddar cheese, a hard-boiled egg and potato sticks atop a bed ofServed with your choice of dressing. $650-1010$ Cals 19.59

MAMA'S FRIED CHICKEN HOUSE SALAD NEw: Fried chicken tenders, fresh cucumbers, grape tomatoes, chedda cheese and croutons atop a bed of iceberg mix. Served with your e of dressing. $630-990$ Cals 18.59

## SALMON SALAD YOUR WAY NEW:

Grilled wild-caught Alaska salmon fillet with delicious blend of garlic and herbs, fresh cucumbers, grape tomatoes, cheddar cheese dressing. $570-930$ Cals 19.99

## Burgers \&

## Handhelds

## Served with wavy-cut fries.

MAKE IT A DOUBLE PATTY BURGER 550 Cals 4.49 more
FLAMIN' 5-PEPPER BURGER
Aged white cheddar cheese, bacon, jalapeños, 5 -pepper sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 19.5 DOUBLE CHEESEBURGER
Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.49 SINGLE ONLY 1330-1370 Cals 17.99

## BOURBON BACON BURGER

Aged white cheddar cheese, bacon, sautéed mushrooms, fire roasted bell peppers \& onions, bourbon sauce, lettuce, tomato, red nions and pickles on a brioche bun. 1550 Cals 19,79

## SLAMBURGER ${ }^{\text {m }}$

Hash browns, an egg*; bacon and Canadian cheese on a brioche bun BACON AVOCAD
BACON AVOCADO CHEESEBURGER
Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce,

## SUBSTITUTE A BEYOND MEAT PATTY © on any burger for $\quad 2.29 \quad 280$ Cals

## BRISK-IT-ALL MELT ${ }^{\text {TM }}$

Slow-smoked brisket burnt ends, crispy diced bacon, two eggs*, aged white cheddar, Diner Q
$1650-1800$ Cals 24.99
SLOW COOKER MEATY MELT
Tender slow-roasted beef, caramelized onions and aged white
cheddar on grilled artisan bread. 1340 Cals 19.99
CRISPY CHICKEN BACON RANCH SANDWICH NEW: Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on 18.9 CALI CLUB SANDWICH
Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato

## CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toaste
THE SUPER BIRD ${ }^{\circ}$
Turkeybreastwinsw
tisan bread 1150 Cals 17.49

## A La Carte Sides

| Seasoned Fries 400 Ca | 7.29 |
| :---: | :---: |
| Wavy-Cut Fries © ¢ $^{\text {cos }} 380 \mathrm{Cals}$ | 5.99 |
| Onion Rings 450 Cals | 6.99 |
| Bacon Cheddar Tots 360 Cals | 6.99 |
|  | 4.99 |
| Seasonal Fruit (e) 170 Cals Selec | 5.49 |
| Garden Side Salad 180-280 Cals | 6.99 |
| Add side solad to any entrée | 4.29 |

Toue to our cooking procedidres. the Beyond Brofee

