## Signature Slams®

#### **BERRY STUFFED** FRENCH TOAST SLAM®

Four slices of brioche French toast stuffed with sweet cream cheese filling and topped with fresh strawberries, strawberry sauce and powdered sugar. Served with two fresh eggs\* made to order, bacon strips and all-pork sausage links. 1290-1430 Cals 18.69

À LA CARTE BERRY STUFFED FRENCH TOAST 950 Cals 13.99

#### FRENCH TOAST SLAM® NEW!

Three slices of brioche French toast served with two fresh eggs\* made to order, bacon strips and all-pork sausage links. 860-1010 Cals 16.39



#### LUMBERJACK SLAM<sup>®</sup>

Buttermilk pancakes, grilled ham, bacon strips, all-pork sausage links, two fresh eggs\* made to order, crispy hash browns and choice of toast. 1140-1390 Cals 18.99

Three scrambled eggs with cheddar cheese, bacon strips, all-pork sausage links, crispy hash browns and choice of toast. 770-970 Cals 17.39

#### **ORIGINAL GRAND SLAM®**

Two buttermilk pancakes served with two fresh eggs\* made to order, bacon strips and all-pork sausage links. 800-930 Cals 14.59

#### **BUILD YOUR OWN GRAND SLAM®**

PICK FOUR ITEMS 370-1100 Cals 14.59 ADD ADDITIONAL ITEMS 2.39 each (limit two items). Additional charge for premium items

2 Bacon Strips (F) 140 Cals 2 Sausage Links (GF) 270 Cals 2 Turkey Bacon Strips (F) 80 Cals English Muffin 200 Cals 2 Eggs\* (F) 110-170 Cals 2 Egg Whites (F) 35 Cals 2 Buttermilk Pancakes 350 Cals

PREMIUM ITEMS add 2.39 each

2 Hearty 9-Grain Pancakes 290 Cals

Grilled Ham Slice (GF) 80 Cals

Seasonal Fruit (F) 170 Cals

Yogurt (F) 130 Cals

Selection may vary.

2 Slices of Toast 160-280 Cals Hash Browns (GF) 110 Cals **Gluten-Free English Muffin** (GF) 200 Cals

# **ALL-AMERICAN SLAM®**

Served with two fresh eggs\* made to order, crispy hash browns plus two bacon strips or two all-pork sausage links.

#### **DOUBLE BERRY BANANA PANCAKE SLAM®**

\star Signature breakfast favourites.

**COUNTRY-FRIED STEAK & EGGS\*** 

order, crispy hash browns and choice of toast.

**\*** T-BONE STEAK\* & EGGS\*

(GF) when you choose the Gluten-Free English Muffin

Pancake

toast. 770-1020 Cals 24.99

**Slams**<sup>®</sup>

660-920 Cals 18.99

A Southern fried chopped beef steak smothered in rich

country gravy. Served with two fresh eggs\* made to

A 13 oz. seasoned T-Bone steak.\* Served with two fresh eggs\* made to order, crispy hash browns and choice of

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 800-1130 Cals 17.59 Berry selection based on seasonality.

#### **CHOCONANA PANCAKE SLAM®**

HERSHEY'S Chocolate Chips cooked inside buttermilk pancakes and topped with bananas and more HERSHEY'S Chocolate Chips. 1080-1410 Cals 17.59

#### **CINNAMON ROLL** PANCAKE SLAM<sup>®</sup> -

Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1410-1740 Cals 17.59



#### The HERSHEY'S trademark and trade dress are used with permission

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

## \*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

(F) indicates food options that are GLUTEN-FREE. Menu items marked as (F) meet the FDA specified definition of less than 20 parts per million for a gluten-free claim. Please note that our restaurants are not set up as a strictly gluten-free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

## **THE 'LATE NIGHT' BREAKFAST**

Two fresh eggs\* made to order with your choice of four bacon strips or four sausage links or ham slice, plus crispy hash browns and choice of toast. 590-1170 Cals 15.99

#### **GRAND SLAMWICH®**

Signature Breakfasts

Scrambled eggs, crumbled sausage, bacon, shaved ham and Canadian cheese on grilled artisan bread with a maple spice spread. Served with crispy hash browns. 1180 Cals 17.99

#### **MOONS OVER MY HAMMY®**

Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled artisan bread. Served with crispy hash browns. 660 Cals 17.99

#### **BREAKFAST POUTINE**

Seasoned red potatoes topped with squeaky cheese curds and covered in Hollandaise sauce. 660 Cals 7.99

## Savoury **Omelettes**

Served with crispy hash browns and choice of toast. (F) when you choose the Gluten-Free English Muffin

#### **ULTIMATE OMELETTE®**

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese, 1120-1320 Cals 19.49

#### **MOONS OVER MY** HAMMY® OMELETTE NEW!

Three-egg omelette with ham, Swiss & Canadian cheese. 860-1080 Cals 19.19

#### **PHILLY CHEESESTEAK** OMELETTE

Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 960-1150 Cals 19.79

> ADD A STACK OF **Buttermilk Pancakes** to any breakfast for 3.99 more 350 Cals



Egg Quality Assurance



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# SPRING & SUMMER

with a new solid and some

## Shareable **Starters**

#### CLASSIC SAMPLER

Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavycut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.59

#### **BUILD YOUR OWN SAMPLER**<sup>™</sup>

Served with choice of dipping sauces. PICK FOUR 970-2590 Cals, Serves 3 18.59 PICK THREE 700-1880 Cals, Serves 2 14.99

Premium Chicken Tenders 280 Cals Bacon Cheddar Tots 220 Cals Onion Rings 310 Cals Chips & Queso 670 Cals Mozzarella Cheese Sticks 320 Cals Wavy-Cut Fries 380 Cals Seasoned Fries 400 Cals

#### **CHICKEN WINGS**

Seasoned lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

#### NEW! MAMA'S **FRIED CHICKEN HOUSE SALAD**

Fried chicken tenders, fresh cucumbers, grape tomatoes, cheddar cheese and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69

## Sauces

Diner Q 150 Cals (GF) Blue Cheese 170 Cals (GF) Ranch\_ 200 Calsi (GF)

BBQ 70 Cals Honey Mustard 190 Cals (F) Buffalo 130 Cals GF



#### MOZZARELLA **CHEESE STICKS**

Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 11.99



#### **ZESTY NACHOS (F)**

Tortilla chips freshly cooked and topped with Pepper Jack gueso, cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. 1490 Cals, Serves 3 18.59 HALF ORDER 770 Cals, Serves 2 13.89

#### POUTINE

Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.39

## **Melts & Handhelds**

Served with wavy-cut fries.





#### **CALI CLUB** SANDWICH

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, sun-dried tomato mayo. lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29 Shown with Seasoned Fries upgrade.

#### **CRISPY CHICKEN BACON RANCH** SANDWICH

Fried chicken breast with white cheddar cheese. bacon, lettuce, tomato and ranch dressing on grilled artisan bread. 1610 Cals 19.09

**CLUB SANDWICH®** 

Turkey breast, bacon, lettuce, tomato and mayo

on toasted multiarain bread. 980 Cals 17.59



#### **PREMIUM CHICKEN** TENDERS

Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals, Serves 2 15.29 MAKE IT A FULL MEAL WITH TWO SIDES

& DINNER BREAD 820-1440 Cals 18,99



#### LOADED BACON **CHEDDAR TOTS**

Ten crispy tots made with shredded potatoes, bacon and cheddar cheese. Topped with Pepper Jack queso, more cheddar cheese, bacon and sour cream. 720 Cals. Serves 2 11.69

ADD SEASONED NACHO MEAT 200 Cals 2.59 **TEN BACON CHEDDAR TOTS** 360 Cals 9.99

upgrade to Seasoned Fries 2.39 more 400 Cals

#### **SUPER BIRD®**

**Turkey breast with Swiss** cheese, bacon and tomato on grilled artisan bread. 1150 Cals 17.59 Shown with Onion Rings upgrade.

#### **BBQ BACON** CHICKEN SANDWICH

Grilled chicken breast topped with our signature BBQ sauce, bacon, white cheddar cheese, lettuce, tomato and sliced pickles on a grilled brioche bun. 1130 Cals 19.09

**CLASSIC BLT** Bacon strips piled high with lettuce, tomato and mayo

# **Comfy Classics**



#### T-BONE STEAK\*

A tender 13 oz. seasoned T-Bone steak.\* Served with two sides and dinner bread. 890-1510 Cals 25.49 (GF) when you choose Gluten-Free sides and the Gluten-Free English Muffin

#### **SIRLOIN STEAK\***

A Canadian 8 oz. seasoned sirloin steak.\* Served with two sides and dinner bread. 890-1510 Cals 22.99 () when you choose Seasonal Vegetable, upgrade to Seasonal Fruit and without dinner bread (GF) when you choose Gluten-Free sides and the Gluten-Free English Muffin

#### **COUNTRY-FRIED STEAK**

Two chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99

# **100% Beef Burgers**

Burgers served with wavy-cut fries. MAKE IT A DOUBLE PATTY 550 Cals 4.59 more



#### **DOUBLE CHEESEBURGER**

Choice of Canadian, Swiss or aged white cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.19 SINGLE ONLY 1330-1370 Cals 17.99



**BOURBON BACON BURGER** Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.59

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on your choice of bread. 1020-1140 Cals 14.99

## **Dinner Sides** Seasonal Vegetable 🕞

50 Cals

750-1350 Cals 19.99

820-1440 Cals 18.99

FISH & CHIPS

Sweet Petite Corn (F) 120 Cals

**PLATE LICKIN' CHICKEN FRIED CHICKEN** 

Golden-fried boneless chicken breasts smothered in

Premium golden-fried chicken tenders with choice of

dipping sauce. Served with two sides and dinner bread.

Three wild-caught white fish fillets fried golden-brown.

additional side and dinner bread. 1080-1390 Cals 18.99

Served with tartar sauce, wavy-cut fries plus one

**PREMIUM CHICKEN TENDERS** 

country gravy. Served with two sides and dinner bread.

Wavy-Cut Fries (F) 380 Cals Hash Browns (F) 110 Cals

**Mashed Red Potatoes** 210-230 Cals 🕞 without gravy Seasoned Red Potatoes (GF)

ADD AN

Additional

side

for 2.49

Whole Grain Rice (F) 240 Cals Jasmine Rice F 300 Cals

350 Cals



#### **SLAMBURGER**<sup>™</sup>

Crispy hash browns, a fresh egg\* made to order, bacon and Canadian cheese stacked high on a brioche bun. 1470 Cals 18.59

#### FLAMIN' 5-PEPPER BURGER Aged white cheddar cheese, bacon, jalapeños, 5-pepper

sauce, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1390 Cals 19.39

## **Drinks & Shakes**

**COFFEE** (Free refills) 0 Cals 3.79 Signature Diner Blend, Regular or Decaf

### JUICE & MILK Selection may vary.

Minute Maid<sup>®</sup> Orange Juice 210 Cals 4.79 Other Juices 4.79 Apple 240 Cals Tomato 90 Cals Ruby Red Grapefruit 220 Cals 2% Milk 240 Cals 4.79 Chocolate Milk 290 Cals 4.79

**SOFT DRINKS** (Free refills) 4.09 Selection may vary

#### **ICED TEA & LEMONADE** (Free refills)

Iced Tea 110 Cals 4.09 Lemonade Iced Tea 140 Cals 4.09 Premium Lemonade 160 Cals 4.09 Manao Lemonade 180 Cals 4.89 Strawberry Lemonade 180 Cals 4.89

#### **OTHER BEVERAGES**

Hot Tea / Herbal Tea 0 Cals 3.99 Hot Chocolate 350 Cals 4.49 Dasani<sup>®</sup> Bottled Water 0 Cals 3.39

#### **SMOOTHIES GF**

Our smoothies are made with real fruit, juice and nonfat vanilla yogurt. 6.49

Tropical Green 340 Cals Mango 340 Cals

Strawberry Banana 330 Cals

#### **MILK SHAKES**

Made with premium ice cream and topped with whipped cream. Plus, a little extra in the tin. 7.29

Chocolate 830 Cals, Vanilla 800 Cals, Strawberry 780 Cals or OREO® 1050 Cals

## Desserts

#### **BROWNIE SUNDAE WITH OREO® PIECES**

Warm chocolate brownie topped with premium vanilla ice cream, OREO<sup>®</sup> cookie pieces and drizzled with chocolate. 900 Cals 7.69

#### LAVA COOKIE SKILLET

Warm chocolate chip cookie filled with molten chocolate and topped with premium vanilla ice cream and salted caramel. 820 Cals 7.69 Caution: Skillets are hot. Handle with care.

#### **NEW YORK STYLE CHEESECAKE**

Plain or with strawberry topping and whipped cream. 780-910 Cals 7.69

#### **COOKIES AND CREAM CAKE**

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 690 Cals 8.39

#### **LEMON & WHITE CHOCOLATE** CHEESECAKE

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.39

#### **APPLE CRISP**

Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 7.69

#### SUBSTITUTE A BEYOND MEAT PATTY (F) on any burger for 2.49 280 Cals



#### **BACON AVOCADO** CHEESEBURGER

Bacon, fresh avocado, aged white cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.39

