

Signature Slams®



Berry Waffle Slam®

Two sweet Liège-style waffles made with real butter and pearl sugar, topped with seasonal berries and caramel sauce. Served with two eggs* made to order, two bacon strips and two all-pork sausage links. 1260-1370 Cals 19.79

Waffle Slam® Without toppings. 1240-1350 Cals 16.79

Two À La Carte Berry Waffles 890 Cals 14.29

Berry Stuffed French Toast Slam®

Four slices of brioche French toast stuffed with sweet cream cheese filling and topped with fresh strawberries, strawberry sauce and powdered sugar. Served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 1320-1430 Cals 18.69

À La Carte Berry Stuffed French Toast 950 Cals 13.99

Berry selection based on seasonality.

French Toast Slam®

Three slices of brioche French toast served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 860-970 Cals 16.39

Lumberjack Slam®

Buttermilk pancakes, grilled ham, bacon strips, all-pork sausage links, two fresh eggs* made to order, crispy hash browns and choice of toast. 1190-1400 Cals 18.99

All-Canadian Slam®

Three scrambled eggs with cheddar cheese blend, bacon strips, all-pork sausage links, crispy hash browns and choice of toast. 1070-1170 Cals 17.39

Original Grand Slam®

Two buttermilk pancakes served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 840-950 Cals 14.59

Build Your Own Grand Slam®

Pick Four Items 370-1100 Cals 14.59

Add Additional Items 2.59 each (limit two items).
Additional charge for premium items.

- 2 Bacon Strips** (GF) 140 Cals
- 2 Sausage Links** 270 Cals
- 2 Turkey Bacon Strips** (GF) 80 Cals
- 2 Eggs*** (GF) 140-190 Cals
- 2 Egg Whites** (GF) 80 Cals
- 2 Buttermilk Pancakes** 350 Cals
- 2 Slices of Toast** 170-270 Cals
- Hash Browns** (GF) 110 Cals
- Seasoned Red Potatoes** (GF) 180 Cals
- English Muffin** 140 Cals
- Gluten-Free English Muffin** (GF) 170 Cals

Premium Items
add 2.39 each

- Grilled Ham Slice** (GF) 80 Cals
- 2 Hearty 9-Grain Pancakes** 390 Cals
- Yogurt** (GF) 130 Cals
- Seasonal Fruit** (GF) 170 Cals *Selection may vary.*

Signature Breakfasts

Country-Fried Steak & Eggs* ▶

A Southern fried chopped beef steak smothered in rich country gravy. Served with two fresh eggs,* crispy hash browns and choice of toast. 760-970 Cals 18.99



Add a stack of

Buttermilk Pancakes

to any entrée for 3.99 more 350 Cals



The 'Late Night' Breakfast

Two fresh eggs* made to order with your choice of four bacon strips or four sausage links or ham slice, plus crispy hash browns and choice of toast. 590-1170 Cals 15.99

T-Bone Steak* & Eggs*

A 13 oz. seasoned T-Bone steak.* Served with two fresh eggs,* crispy hash browns and choice of toast. 820-1030 Cals 24.99

(GF) with Gluten-Free English Muffin

Breakfast Poutine

Seasoned red potatoes topped with squeaky cheese curds and covered in Hollandaise sauce. 660 Cals 7.99

NEW! Breakfast Handhelds

Served with **seasoned red potatoes** or **crispy hash browns**.



French Toast Monte Cristo

Shaved honey ham, Swiss cheese & egg between two slices of brioche French toast, dusted with powdered sugar. 750-820 Cals 14.99

Chorizo & Egg Burrito

Scrambled eggs, chorizo sausage, cheddar cheese blend and pico de gallo wrapped in a warm flour tortilla. 1220-1290 Cals 15.99



Fajita Breakfast Wrap

Scrambled eggs, fresh spinach, avocado, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese blend. 780-850 Cals 13.99

Pancake Slams®

Served with **two fresh eggs*** made to order, **crispy hash browns** plus **two bacon strips** or **two all-pork sausage links**.

Double Berry Banana Pancake Slam®

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 850-1160 Cals 17.59

Berry selection based on seasonality.

Choconana Pancake Slam®

Chocolate chips cooked inside buttermilk pancakes and topped with bananas and more chocolate chips. 1130-1440 Cals 17.59

Cinnamon Roll Pancake Slam® ▶

Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1450-1760 Cals 17.59



Upgrade your Hash Browns to **Seasonal Fruit** (GF) 2.69 more 170 Cals

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

(GF) indicates food options that are **Gluten-Free**. Menu items marked as (GF) meet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens. BCABONSKMBAT1025



Proudly Canadian-owned & Operated

Shareable Starters

Classic Sampler Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.79

Build Your Own Sampler™ Pick Four 970-2590 Cals, Serves 3 18.79 Pick Three 700-1880 Cals, Serves 2 14.99 Served with choice of dipping sauces.

- Premium Chicken Tenders 280 Cals
- Bacon Cheddar Tots 220 Cals
- Onion Rings 310 Cals
- Chips & Queso 670 Cals
- Mozzarella Cheese Sticks 320 Cals
- Wavy-Cut Fries 380 Cals
- Seasoned Fries 400 Cals

Chicken Wings Seasoned lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

Mama’s Fried Chicken House Salad Fried chicken tenders, fresh cucumbers, grape tomatoes, shredded cheese blend and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69

Melts & Handhelds

Served with wavy-cut fries.



Cali Club Sandwich Turkey breast, ham, bacon, Swiss cheese, fresh avocado, mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29 Shown with Seasoned Fries upgrade.



Crispy Chicken Bacon Ranch Sandwich Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled sourdough bread. 1610 Cals 19.09

Club Sandwich Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.79

Dipping Sauces

- Diner Q 150 Cals
- Blue Cheese 170 Cals
- Ranch 200 Cals
- BBQ 70 Cals
- Honey Mustard 190 Cals
- Buffalo 130 Cals



Mozzarella Cheese Sticks Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 11.99



Zesty Nachos Tortilla chips freshly cooked and topped with Pepper Jack queso, cheddar cheese blend, seasoned nacho meat, fresh pico de gallo and sour cream. 1490 Cals, Serves 3 18.59 Half Order 770 Cals, Serves 2 13.89

Poutine Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.39



Premium Chicken Tenders Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals, Serves 2 15.29



Loaded Bacon Cheddar Tots Ten crispy tots made with shredded potatoes, bacon and cheese. Topped with Pepper Jack queso, cheddar cheese blend, bacon and sour cream. 720 Cals, Serves 2 11.69 Add Seasoned Nacho Meat 200 Cals 2.59 Ten Bacon Cheddar Tots 360 Cals 9.99

Upgrade to Onion Rings 2.69 more 450 Cals



Super Bird Turkey breast with Swiss cheese, bacon and tomato on grilled sourdough bread. 1150 Cals 17.59 Shown with Onion Rings upgrade.



BBQ Bacon Chicken Sandwich Grilled chicken breast topped with BBQ sauce, bacon, white cheddar cheese, lettuce, tomato, red onions and pickles on a brioche bun. 1130 Cals 19.09

Upgrade to Seasoned Fries 2.49 more 400 Cals

T-Bone Steak

A tender 13 oz. seasoned T-Bone steak. Served with two sides and dinner bread. 890-1510 Cals 25.69 when you choose Gluten-Free sides and the Gluten-Free English Muffin



Add an additional Side to any dinner 40-450 Cals 2.49

Comfy Classics

Country-Fried Steak Two chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99

Plate Lickin’ Chicken Fried Chicken Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1350 Cals 19.99

Premium Chicken Tenders Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 18.99

Sirloin Steak A Canadian 8 oz. seasoned sirloin steak. Served with two sides and dinner bread. 890-1510 Cals 22.99 when you choose Seasonal Vegetable, upgrade to Seasonal Fruit and without dinner bread when you choose Gluten-Free sides and the Gluten-Free English Muffin

Fish & Chips Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 18.99

À La Carte Dinner Sides	Sweet Petite Corn 150 Cals 2.99	Whole Grain Rice 240 Cals 2.99	Wavy-Cut Fries 380 Cals 5.99	Mashed Red Potatoes 310-330 Cals 2.99
	Seasonal Vegetable 40 Cals 3.69	Jasmine Rice 300 Cals 2.99	Seasoned Red Potatoes 180 Cals 4.99	without gravy

100% Beef Burgers

Double Cheeseburger Choice of Canadian, Swiss or aged white cheddar cheese with red relish, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.19 Single Only 1330-1370 Cals 17.99



Slamburger Crispy hash browns, a fresh egg made to order, bacon and Canadian cheese stacked high on a brioche bun. 1470 Cals 18.59



Substitute a BEYOND MEAT Patty 280 Cals 2.49

Bourbon Bacon Burger Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.59



Bacon Avocado Cheeseburger Bacon, fresh avocado, aged white cheddar cheese, red relish, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.39



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Drinks & Shakes

Coffee (Free refills) 0 Cals 3.89 Signature Diner Blend, Regular or Decaf



Juice & Milk Selection may vary. Minute Maid® Orange Juice 210 Cals 4.99 Minute Maid® Apple Juice 240 Cals 4.99 2% Milk 240 Cals 4.79 Chocolate Milk 290 Cals 4.89

Soft Drinks (Free refills) 4.39 Selection may vary.

Iced Tea & Lemonade (Free refills) Iced Tea 110 Cals 4.39 Lemonade Iced Tea 140 Cals 4.39 Premium Lemonade 160 Cals 4.39 Mango Lemonade 180 Cals 4.89 Strawberry Lemonade 180 Cals 4.89

Other Beverages Hot Tea / Herbal Tea 0 Cals 3.99 Hot Chocolate 260 Cals 4.59 Dasani® Bottled Water 0 Cals 3.49

Smoothies Our smoothies are made with real fruit, juice and nonfat vanilla yogurt. 6.49 Tropical Green 300 Cals Mango 300 Cals Strawberry Banana 280 Cals

Milk Shakes Made with premium ice cream and topped with whipped cream. Plus, a little extra in the tin. 7.49 Chocolate 870 Cals Vanilla 800 Cals Strawberry 780 Cals OREO® 1050 Cals



Desserts

Brownie Sundae with Oreo® Pieces Warm chocolate brownie topped with premium vanilla ice cream, OREO® cookie pieces and drizzled with chocolate. 900 Cals 7.99

Cookie Dough Lover’s Pie Goopy chocolate chip cookie dough on a buttery, flaky pie crust, served warm and topped with premium vanilla ice cream and salted caramel drizzle. 710 Cals 8.79

New York Style Cheesecake Plain or with strawberry topping and whipped cream. 490-620 Cals 7.99

Cookies & Cream Cake Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 730 Cals 8.79

Lemon & White Chocolate Cheesecake Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.79

Apple Crisp Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 7.99