

Signature Slams®



Berry Waffle Slam®

Two sweet Liège-style waffles made with real butter and pearl sugar, topped with seasonal berries and caramel sauce. Served with two eggs* made to order, two bacon strips and two all-pork sausage links. 1260-1370 Cals 19.79

Waffle Slam® Without toppings. 1240-1350 Cals 16.79

Two À La Carte Berry Waffles 890 Cals 14.29

Berry Stuffed French Toast Slam®

Four slices of brioche French toast stuffed with sweet cream cheese filling and topped with fresh strawberries, strawberry sauce and powdered sugar. Served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 1320-1430 Cals 18.89

À La Carte Berry Stuffed French Toast 950 Cals 13.99

Berry selection based on seasonality.

French Toast Slam®

Three slices of brioche French toast served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 860-970 Cals 16.39

Lumberjack Slam®

Buttermilk pancakes, grilled ham, bacon strips, all-pork sausage links, two fresh eggs* made to order, crispy hash browns and choice of toast. 1190-1400 Cals 19.69

All-Canadian Slam®

Three scrambled eggs with cheddar cheese blend, bacon strips, all-pork sausage links, crispy hash browns and choice of toast. 1070-1170 Cals 17.69

Original Grand Slam®

Two buttermilk pancakes served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 840-950 Cals 14.99

Build Your Own Grand Slam®

Pick Four Items 370-1100 Cals 14.99

Add Additional Items 2.59 each (limit two items).
Additional charge for premium items.

- 2 Bacon Strips** (GF) 140 Cals
- 2 Sausage Links** 270 Cals
- 2 Turkey Bacon Strips** (GF) 80 Cals
- 2 Eggs*** (GF) 140-190 Cals
- 2 Egg Whites** (GF) 80 Cals
- 2 Buttermilk Pancakes** 350 Cals
- 2 Slices of Toast** 170-270 Cals
- Hash Browns** (GF) 110 Cals
- Seasoned Red Potatoes** (GF) 180 Cals
- English Muffin** 140 Cals
- Gluten-Free English Muffin** (GF) 170 Cals

Premium Items
add 2.39 each

- Grilled Ham Slice** (GF) 80 Cals
- 2 Hearty 9-Grain Pancakes** 390 Cals
- Yogurt** (GF) 130 Cals
- Seasonal Fruit** (GF) 170 Cals *Selection may vary.*

Signature Breakfasts

Country-Fried Steak & Eggs* ▶

A Southern fried chopped beef steak smothered in rich country gravy. Served with two fresh eggs,* crispy hash browns and choice of toast. 760-970 Cals 18.99



Add a stack of

Buttermilk Pancakes

to any entrée for 3.99 more 350 Cals



The 'Late Night' Breakfast

Two fresh eggs* made to order with your choice of four bacon strips or four sausage links or ham slice, plus crispy hash browns and choice of toast. 590-1170 Cals 16.69

T-Bone Steak* & Eggs*

A 13 oz. seasoned T-Bone steak.* Served with two fresh eggs,* crispy hash browns and choice of toast. 820-1030 Cals 25.99

(GF) with Gluten-Free English Muffin

Breakfast Poutine

Seasoned red potatoes topped with squeaky cheese curds and covered in Hollandaise sauce. 660 Cals 7.99

NEW! Breakfast Handhelds

Served with **seasoned red potatoes** or **crispy hash browns**.



French Toast Monte Cristo

Shaved honey ham, Swiss cheese & egg between two slices of brioche French toast, dusted with powdered sugar. 750-820 Cals 14.99

Chorizo & Egg Burrito

Scrambled eggs, chorizo sausage, cheddar cheese blend and pico de gallo wrapped in a warm flour tortilla. 1220-1290 Cals 15.99



Fajita Breakfast Wrap

Scrambled eggs, fresh spinach, avocado, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese blend in a warm flour tortilla. 780-850 Cals 13.99

Pancake Slams®

Served with **two fresh eggs*** made to order, **crispy hash browns** plus **two bacon strips** or **two all-pork sausage links**.

Double Berry Banana Pancake Slam®

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries and bananas. 850-1160 Cals 17.99

Berry selection based on seasonality.

Choconana Pancake Slam®

Chocolate chips cooked inside buttermilk pancakes and topped with bananas and more chocolate chips. 1130-1440 Cals 17.99

Cinnamon Roll Pancake Slam® ▶

Buttermilk pancakes cooked with cinnamon crumb topping and topped with cream cheese icing. 1450-1760 Cals 17.99



Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

(GF) indicates food options that are **Gluten-Free**. Menu items marked as (GF) meet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

Omelettes

Served with **crispy hash browns** and **choice of toast**.

Ultimate Omelette*

Three-egg omelette with crumbled sausage, bacon, fire-roasted bell peppers & onions, sautéed mushrooms, tomatoes and cheddar cheese blend. 1140-1310 Cals 19.69

Philly Cheesesteak Omelette

Three-egg omelette with grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. 970-1140 Cals 19.79

(GF) with Gluten-Free English Muffin

Upgrade your Hash Browns to **Seasonal Fruit** (GF)
2.69 more 170 Cals



Proudly Canadian-owned & Operated

Shareable Starters

Classic Sampler

Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.99

Build Your Own Sampler™

Pick Four 970-2590 Cals, Serves 3 18.99

Pick Three 700-1880 Cals, Serves 2 15.59

Served with choice of dipping sauces.

Premium Chicken Tenders 280 Cals

Bacon Cheddar Tots 220 Cals

Onion Rings 310 Cals

Chips & Queso 670 Cals

Mozzarella Cheese Sticks 320 Cals

Wavy-Cut Fries 380 Cals

Seasoned Fries 400 Cals

Chicken Wings

Seasoned lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.79

Mama’s Fried Chicken House Salad

Fried chicken tenders, fresh cucumbers, grape tomatoes, shredded cheese blend and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69

Melts & Handhelds

Served with wavy-cut fries.

Cali Club Sandwich

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29 Shown with Seasoned Fries upgrade.

Crispy Chicken Bacon Ranch Sandwich

Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled sourdough bread. 1610 Cals 19.09

Club Sandwich

Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.79

Dipping Sauces

Diner Q 150 Cals

Blue Cheese 170 Cals

Ranch 200 Cals

BBQ 70 Cals

Honey Mustard 190 Cals

Buffalo 130 Cals

T-Bone Steak*

A tender 13 oz. seasoned T-Bone steak. Served with two sides and dinner bread. 890-1510 Cals 25.99

when you choose Gluten-Free sides and the Gluten-Free English Muffin

Comfy Classics

Country-Fried Steak

Two chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 19.39

Plate Lickin’ Chicken Fried Chicken

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1350 Cals 20.59

Premium Chicken Tenders

Premium golden-fried chicken tenders with choice of dipping sauce. Served with two sides and dinner bread. 820-1440 Cals 18.99

À La Carte Dinner Sides

Sweet Petite Corn 150 Cals 2.99

Seasonal Vegetable 40 Cals 3.69

Whole Grain Rice 240 Cals 2.99

Jasmine Rice 300 Cals 2.99

Wavy-Cut Fries 380 Cals 5.99

Seasoned Red Potatoes 180 Cals 4.99

Mashed Red Potatoes 310-330 Cals 2.99

without gravy

100% Beef Burgers

Burgers served with wavy-cut fries.

Make It A Double Patty 550 Cals 4.59 more

Double Cheeseburger

Choice of Canadian, Swiss or aged white cheddar cheese with red relish, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1880-1920 Cals 20.59

Single Only

1330-1370 Cals 17.99

Slamburger™

Crispy hash browns, a fresh egg* made to order, bacon and Canadian cheese stacked high on a brioche bun. 1470 Cals 18.59

Bourbon Bacon Burger

Aged white cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1550 Cals 19.89

Bacon Avocado Cheeseburger

Bacon, fresh avocado, aged white cheddar cheese, red relish, mayo, shredded iceberg lettuce, tomato, red onions and pickles on a brioche bun. 1530 Cals 19.89

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*DUE TO OUR COOKING PROCEDURES, THE BEYOND BURGER® PATTY MAY COME IN CONTACT WITH ANIMAL-BASED PRODUCTS OR INGREDIENTS AND MIGHT NOT BE 100% PLANT-BASED.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS’ REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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Add an additional Side to any dinner 40-450 Cals 2.49

Drinks & Shakes

Coffee (Free refills) 0 Cals 3.99 Signature Diner Blend, Regular or Decaf

Juice & Milk

Selection may vary.

Minute Maid® Orange Juice 210 Cals 5.29

Minute Maid® Apple Juice 240 Cals 5.29

2% Milk 240 Cals 5.09

Chocolate Milk 290 Cals 5.19

Soft Drinks (Free refills) 4.39 Selection may vary.

Iced Tea & Lemonade (Free refills)

Iced Tea 110 Cals 4.39

Lemonade Iced Tea 140 Cals 4.39

Premium Lemonade 160 Cals 4.39

Mango Lemonade 180 Cals 4.99

Strawberry Lemonade 180 Cals 4.99

Other Beverages

Hot Tea / Herbal Tea 0 Cals 3.99

Hot Chocolate 260 Cals 4.59

Dasani® Bottled Water 0 Cals 3.49

Smoothies®

Our smoothies are made with real fruit, juice and nonfat vanilla yogurt. 6.99

Tropical Green 300 Cals • Mango 300 Cals

Strawberry Banana 280 Cals

Milk Shakes

Made with premium ice cream and topped with whipped cream. Plus, a little extra in the tin. 7.59

Chocolate 870 Cals • Vanilla 800 Cals

Strawberry 780 Cals • OREO® 1050 Cals

Desserts

Brownie Sundae with Oreo® Pieces

Warm chocolate brownie topped with premium vanilla ice cream, OREO® cookie pieces and drizzled with chocolate. 900 Cals 8.49

Cookie Dough Lover’s Pie

Goey chocolate chip cookie dough on a buttery, flaky pie crust, served warm and topped with premium vanilla ice cream and salted caramel drizzle. 710 Cals 8.99

New York Style Cheesecake

Plain or with strawberry topping and whipped cream. 490-620 Cals 8.49

Cookies & Cream Cake

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse. 730 Cals 8.99

Lemon & White Chocolate Cheesecake

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.99

Apple Crisp

Warm apple crisp topped with premium vanilla ice cream, salted caramel and powdered sugar. 740 Cals 8.49