

Country-Fried Steak & Eggs*

A Southern fried chopped beef steak smothered in rich country gravy. Served with two fresh eggs,* crispy hash browns and choice of toast. 760-970 Cals 18.99

French Toast Slam®

Three slices of brioche French toast served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 860-970 Cals 16.39

Original Grand Slam®

Two buttermilk pancakes served with two fresh eggs* made to order, bacon strips and all-pork sausage links. 840-950 Cals 14.59

Moons Over My Hammy

Ham and scrambled egg sandwich with Swiss & Canadian cheeses on grilled sourdough bread. Served with crispy hash browns. 840 Cals 17.99

Egg Quality Assurance™ is a certification mark used under license from Egg Farmers of Canada.

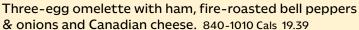
Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

'EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

indicates food options that are **Gluten-Free**. Menu items marked as meet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.

Denver Omelette -



(GF) with Gluten-Free English Muffin



À La Carte Sides

2 Slices of Toast 170-270 Cals 3.79

English Muffin 140 Cals 3.79

Gluten-Free English Muffin (F) 170 Cals 3.79

Seasonal Fruit (GF)

170 Cals 5.59
Selection may vary.

BCABONSKMBAT1025



Shareable Starters



Classic Sampler

Golden-fried chicken wings, onion rings, mozzarella cheese sticks and wavy-cut fries. Served with choice of dipping sauces. 1280-1480 Cals, Serves 3 18.79

Build Your Own Sampler[™]

Served with choice of dipping sauces.

Pick Four

970-2590 Cals, Serves 3 18.79

Pick Three

700-1880 Cals, Serves 2 14.99

Premium Chicken Tenders 280 Cals
Bacon Cheddar Tots 220 Cals
Onion Rings 310 Cals
Chips & Queso 670 Cals
Mozzarella Cheese Sticks 320 Cals
Wavy-Cut Fries 380 Cals

Wavy-Cut Fries 380 Cals
Seasoned Fries 400 Cals



Mozzarella Cheese Sticks

Eight golden-fried cheese sticks with a side of tomato sauce. 630 Cals, Serves 2 11.99



Loaded Bacon Cheddar Tots

Ten crispy tots made with shredded potatoes, bacon and cheese. Topped with Pepper Jack queso, cheddar cheese blend, bacon and sour cream. 720 Cals. Serves 2 11.69

Add Seasoned Nacho Meat

200 Cals 2.59

Ten Bacon Cheddar Tots

360 Cals 9.99

Dipping Sauces

Diner Q ©F 150 Cals

Blue Cheese ©F 170 Cals

Ranch ©F 200 Cals

BBQ 70 Cals

Honey Mustard ©F 190 Cals

Buffalo ©F 130 Cals



Premium Chicken Tenders

Premium golden-fried chicken tenders with choice of dipping sauce. 690-890 Cals. Serves 2 15.29

Make it A Full Meal with Two Sides & Dinner Bread 820-1440 Cals 18.99

Chicken Wings

Seasoned lightly breaded chicken wings, golden-fried and crispy. Served with choice of dipping sauce. 760-960 Cals, Serves 2 15.29

Poutine

Wavy-cut fries covered with squeaky cheese curds and topped with rich gravy. 710 Cals, Serves 2 9.39

Onion Rings

Crispy-fried onion rings served with Diner Q sauce. 960 Cals, Serves 2 9.99

Fresh Salad

Mama's Fried Chicken House Salad

Fried chicken tenders, fresh cucumbers, grape tomatoes, shredded cheese blend and croutons atop a bed of iceberg mix. Served with your choice of dressing. 630-990 Cals 18.69



Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

epindicates food options that are Gluten-Free. Menu items marked as epimeet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot quarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.



Tasty Handhelds

Substitute a BEYOND MEAT Patty F 280 Cals 2.49



Cali Club Sandwich

Turkey breast, ham, bacon, Swiss cheese, fresh avocado, mayo, lettuce and tomato on toasted multigrain bread. 1280 Cals 18.29

Club Sandwich

Turkey breast, bacon, lettuce, tomato and mayo on toasted multigrain bread. 980 Cals 17.79

Super Bird®

Turkey breast with Swiss cheese, bacon and tomato on grilled sourdough bread. 1150 Cals 17.59

Crispy Chicken Bacon Ranch Sandwich

Fried chicken breast with white cheddar cheese, bacon, lettuce, tomato and ranch dressing on grilled sourdough bread.
1610 Cals 19.09

Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

DUE TO OUR COOKING PROCEDURES, THE BEYOND BURGER® PATTY MAY COME IN CONTACT WITH ANIMAL-BASED PRODUCTS OR INGREDIENTS AND MIGHT NOT BE 100% PLANT-BASED.

'EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED AND HAMBURGERS AND STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

indicates food options that are **Gluten-Free**. Menu items marked as
 meet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking areas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens

Upgrade Your Side

Onion Rings

450 Cals 2.69

Seasoned Fries

Bacon Cheddar Tots

360 Cals 3.59

Poutine 610 Cals 4.79

T-Bone Steak*

A tender 13 oz. seasoned T-Bone steak.* Served with two sides and dinner bread. 890-1510 Cals 25.69

GF when you choose Gluten-Free sides and the Gluten-Free English Muffin



Dinner Sides

Add an Additional Side to any dinner 40-450 Cals 2.49

Sweet Petite Corn (GF) 150 Cals Seasonal Vegetable (F) 40 Cals Whole Grain Rice 240 Cals Jasmine Rice (F) 300 Cals Wavy-Cut Fries (GF) 380 Cals Seasoned Red Potatoes (GF)

Mashed Red Potatoes 310-330 Cals (GF) without gravy

Comfy Classics



Plate Lickin' **Chicken Fried Chicken**

Golden-fried boneless chicken breasts smothered in country gravy. Served with two sides and dinner bread. 750-1380 Cals 19.99

Country-Fried Steak

Two Southern fried chopped beef steaks smothered in country gravy. Served with two sides and dinner bread. 1120-1740 Cals 18.99





Fish & Chips

Three wild-caught white fish fillets fried golden-brown. Served with tartar sauce, wavy-cut fries plus one additional side and dinner bread. 1080-1390 Cals 18.99

Tasty Desserts



New York Style Cheesecake A

Plain or with strawberry topping and whipped cream. 490-620 Cals 7.99

Lemon & White Chocolate Cheesecake

Lemon custard and white chocolate cheesecake, baked on a graham cookie base and topped with lemon mousse. 490 Cals 8.79

Cookies & Cream Cake

Chewy chocolate brownie with cream cheese and chocolate cookie filling, layered with chocolate ganache and cookie mousse, 730 Cals 8.79

Beverages

Signature Diner Blend Coffee

regular or decaf 0 Cals 3.89

Hot Tea / Herbal Tea o cals 3.99

Premium

Lemonade 160 Cals 4.39 Iced Tea 110 Cals 4.39

Soft Drinks 4.39

Selection may vary.













Please advise your server about food sensitivities & ensure you speak to a manager regarding any allergies.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary. Additional nutrition information available upon request.

(e) indicates food options that are Gluten-Free. Menu items marked as (e) meet Health Canada's specified definition of less than 20 parts per million for a Gluten-Free claim. Please note that our restaurants are not set up as a strictly Gluten-Free environment. Due to shared preparation and cooking greas in our kitchens and the risk of cross-contact, we cannot guarantee that any item is free of any allergen. We do not maintain halal or kosher kitchens.